

As of Aug 31, 2004

First Name Last Name Time PI Wind H/F S Age Byr Club Location Date Meet #

100m

100m

Bantam

Murielle Landry 100m **14.98** 1 NWI 91 AVRC Sackville 10-Jul-04

Jessica Leverman 100m **16.05** 2 NWI 92 Independent Sackville 10-Jul-04

Midget

Kayla Marcotte 100m **12.76** 89 Wanderers Sackville July 18, 04

Robin Patterson 100m **13.56** 2 90 Chebucto Sackville July 10, 2004

Katrina Morse 100m **13.73** 0.0 89 AVRC Sackville July 18, 04

Taya McGillivary 100m **13.80** 4 -0.6 89 AVRC Sackville 13-Jun-04

Brett Matheson 100m **14.10** CNLL Sackville July 10,2004

Allison Letourneau 100m **14.18** 5 -0.6 89 AVRC Sackville 13-Jun-04

Sarah Naugler 100m **14.28** 3 -1.9 90 CNLL Sackville 27-Jun-04

Rebecca Coady 100m **14.57** 3 -0.15 89 Athletics East Sackville 22-Jun-04

Chelsea Hillier 100m **15.05** 5 -1.9 89 Independent Sackville 27-Jun-04

Nicole Henshaw 100m **16.10** 8 NWI Athletics East Sackville July 10, 2004

Juv

Jenna Martin 100m **12.75** 1 nwi 88 Athletics East Sackville 13-Jun-04

Jan Stirling 100m **12.97** 3 -1.1 87 AVRC Sackville 27-Jun-04

Chelsea Wilson 100m **12.98** 3 nwi 87 CNLL Sackville 13-Jun-04

Celia Peters 100m **13.09** 2 -5.9 87 Dynamic Fitness Sackville 27-Jun-04

Jan Stirling 100m **13.10** 87 Independent Sackville June 4,2004

Janet MacLeod 100m **13.33** 1 -0.15 Independent Sackville 22-Jun-04

Amanda McNeil 100m **13.40** 2 -0.6 88 Independent Sackville 13-Jun-04

Allison Wood 100m **13.47** 4 NWI 87 Chebucto Sackville July 10, 2004

Janet MacLeod 100m **13.79** 5 NWI 87 Independent Sackville July 10, 2004

Holy Hinton 100m **13.92** 6 NWI 87 CNLL Sackville July 10, 2004

Anna Coutreau 100m **14.06** 8 nwi 88 Independent Sackville June 4,2004

Nicole Nixon 100m 14.24 8 NWI 87 CNLL Sackville July 10, 2004

Becky Reeves 100m **14.58** 6 -0.6 88 AVRC Sackville 13-Jun-04

Junior/Senior

Adrienne Power 100m **11.61** 7.3 Swift Ottawa 19-Jun-04

Leanne Huck 100m **12.28** 0.0 84 Swift Lower Sackville July 18, 04

Lauren Grant 100m **12.61** 0.0 84 Swift Lower Sackville July 18, 04

Sondra Borden 100m **12.94** 0.0 86 CNLL Sackville July 18, 04

Katie Campbell 100m **13.53** 1.4 81 Swift Toronto Aug 7, 04

Sarah Dobrowolski 100m **13.54** 5 -1.1 84 Swift Sackville 27-Jun-04

Bantam

Lucas Porter 100m **14.76** 3 -2.2 91 AVRC Sackville 27-Jun-04

Midget

Mason Foote 100m **11.53** 0.2 89 AVRC Sudbury Aug 7, 04

Andrew Archibald 100m **12.15** NWI 89 Chebucto Cleveland July 31, 04
 Roy Argand 100m **12.20** NWI 90 Independent Cleveland July 31, 04
 Connor Higgins 100m **13.60** 2 -2.2 90 CNLL Sackville 27-Jun-04

Juv

Geoffrey Harris 100m **11.82** 3 nwi Dalhousie Club Sackville June 4, 2004
 Chris Theriau 100m **11.78** 0.0 87 AVRC Sackville July 18, 04
 Lucas MacKenzie 100m **12.12** nwi CNLL Sackville June 4, 2004
 Kyle Henshaw 100m **12.42** 87 Athletics East Sackville June 4, 2004
 Nick Edwards 100m **12.44** 5 0.0 Independent Sackville 22-Jun-04
 Craig Leger 100m **12.58** 88 CNLL Sackville June 4, 2004
 Paul McBean 100m **12.66** 6 0.0 87 Athletics East Sackville 22-Jun-04
 Alex Reede 100m **12.80** 5 -6.1 88 CNLL Sackville 27-Jun-04
 Kevin O'Neill 100m **12.85** 7 0.0 87 Independent Sackville 22-Jun-04
 Kieran Higgins 100m **13.46** 6 -6.1 88 CNLL Sackville 27-Jun-04
 Andrew Harris 100m **13.48** -1.7 87 AVRC Sackville 13-Jun-04

Jr/Sr

Jeremy Koenig 100m **10.83** 0.0 Chebucto Sackville July 18, 04
 Craig Slaunwhite 100m **11.52** dec 4.3 Chebucto Windsor 14-May-04
 Isaac Miller 100m **11.72** 3 -0.8 84 Athletics East Sackville 13-Jun-04
 Johnathan Vriend 100m **11.75** 0.0 86 Independent Toronto Aug 7, 04
 Ben Clare 100m **11.93** 5 -0.8 85 Wanderers Sackville 13-Jun-04
 Johnathan Vriend 100m **12.10** 86 Independent Sackville June 4, 2004
 Johnny Chase 100m **12.14** 7 -1.7 85 Athletics East Sackville 27-Jun-04
 Jordan Sheriko 100m **12.15** 6 -0.8 84 Independent Sackville 13-Jun-04
 Daniel Morash 100m **12.30** Independent Sackville June 4, 2004
 Johnny Chase 100m **12.38** 2 -6.1 85 Athletics East Sackville 27-Jun-04
 Calum MacQuarrie 100m **14.37** Ceilidh Sackville June 4, 2004

200m

Midget

Kayla Marcotte 200m **26.52** 2 nwi 89 Wanderers Sackville 13-Jun-04
 Robin Patterson 200m **27.61** -2.6 90 Chebucto St John July 24, 04
 Brett Matheson 200m **27.70** CNLL Sackville June 5, 2004
 Taya McGillivray 200m **28.23** 2 89 AVRC Sackville June 5, 2004
 Brett Matheson 200m **28.51** 6 CNLL Sackville June 5, 2004
 Katrina Morse 200m **29.47** 3 NWI 89 AVRC Sackville July 10, 2004
 Nicole Henshaw 200m **31.14** 4 nwi Athletics East Sackville 13-Jun-04

Juv

Jenna Martin 200m **24.59** 0.2 88 Athletics East Sudbury Aug 8, 04
 Celia Peters 200m **25.71** 1 nwi 87 Dynamic Fitness Athletics Sackville 13-Jun-04
 Jan Stirling 200m **26.50** 2 87 Independent Sackville June 5, 2004
 Chelsey Wilson 200m **26.54** 3 87 CNLL Sackville June 5, 2004
 Amanda McNeil 200m **27.13** NWI 88 Independent St. John July 24, 04
 Allison Wood 200m **27.32** NWI 87 Chebucto St. John July 24, 04
 Aly McPhee 200m **27.40** 2 nwi 88 Chebucto Sackville 13-Jun-04
 Janet MacLeod 200m **28.60** Independent Sackville June 5, 2004

Junior/Senior

Adrienne Power **23.50** 2 5.1 Swift Ottawa 19-Jun-04
 Leanne Huck **25.24** 0.0 Swift Sackville July 18, 04
 Lauren Grant **25.99** 0.0 84 Swift Sackville July 18, 04
 Sondra Borden **27.03** 4 nwi 86 CNLL Sackville 13-Jun-04
 Katie Campbell **27.16** 0.0 81 Swift Sackville July 18, 04
 Sarah Dobrowolski **29.86** 4 -5.4 84 Swift Sackville 27-Jun-04

Midget

John Campbell 200m **23.57** -1.7 89 Independent Sudbury Aug 8, 04
 Mason Foote 200m **23.76** -1.1 89 AVRC Sudbury Aug 8, 04
 Roy Argand 200m **24.66** 6 nwi Independent Sackville June4,2004
 John Williams 200m **25.10** 1 Independent Sackville June 4,2004

Juv

Geoffrey Harris 200m **22.91** 0.1 Tiger Track Club St. John July 24, 04
 Alex Reede 200m **24.21** 0.1 CNLL St John July 24, 04
 Kyle Henshaw 200m **24.44** 4 87 Athletics East Sackville June 5, 2004
 Nick Edwards 200m **25.0** 9 Independent Sackville June 4,2004

Jr/Sr

Jeremy Koenig 200m **23.38** 32 nwi Chebucto Toronto 13-Jun-04
 Calum MacQuarrie 200m **23.51** 1 Ceilidh Sackville June 5,2004
 Johnathan Vriend 200m **23.86** 0.0 86 Independent Toronto Aug 8, 04
 John Chase 200m **24.03** 11 nwi Athletics East Boston 20-Jun-04
 Ben Clare 200m **24.13** NWI Wanderers Toronto Aug 9, 04
 Daniel Morash 200m **24.17** 7 Independent Sackville June 5,2004
 Isaac Miller 200m **24.30** 3 nwi 84 Athletics East Sackville13-Jun-04
 Jordan Sheriko 200m **24.87** 4 nwi 84 Independent Sackville13-Jun-04

400m

Bantam

Murielle Landry 400m **69.57** 1 91 AVRC Sackville July 10, 2004
 Sarah Deveau 75.45 2 Chebucto Sackville July 10, 2004

Midget

Allison Letourneau **60.15** 89 AVRC St. John July 24, 04
 Kayla Marcotte **61.19** 89 Wanderers Sackville July 10, 04
 Taya McGillivary **61.53** 89 AVRC Sudbury Aug 7, 04
 Brett Matheson **62.04** CNLL Sudbury Aug 7, 04
 Rebecca Coady **62.43** 4 89 Athletics East Sackville July 10, 2004
 Brett Matheson **63.86** CNLL St. John July 24, 04
 Katherine King **65.02** 90 Dartmouth Athletics Sackville June 4, 2004
 Bridget Campbell **65.67** CRTC Sackville July 10, 2004
 Laura Englehutt **65.80** 7 89 Dartmouth Athletics Sackville13-Jun-04
 Bree Bates **72.51** 13 89 Dartmouth Athletics Sackville 13-Jun-04
 Nicole Henshaw **73.98** 14 Athletics East Sackville 13-Jun-04

Juv

Jenna Martin **55.15** 88 Athletics East Sackville July 18, 04

Celia Peters **57.35** 87 Dynamic Fitness Athletics Sackville July 18, 04
 Jan Stirling **57.72** 87 Independent Sackville July 18, 04
 Amanda McNeil **61.36** 88 Independent St. John July 24, 04
 Gina Stewart **61.98** 88 Antigonish Track Club St John July 24, 04
 Chelsey Wilson **62.09** 88 CNLL St John July 24, 04
 Katie Bethune **65.85** Independent Sackville June 4,2004
 Lauren Clarke **67.91** 9 87 Dartmouth Athletics Sackville13-Jun-04
 Brenna Walsh **71.79** 12 Dartmouth Athletics Sackville 13-Jun-04

Junior

Shauna Marsh **62.56** 6 e TSF 86 Dartmouth Athletics Sackville13-Jun-04

Bantam

Daniel Lewis **71.5** 2 H1 91 Chebucto Metfield 25-May-04
 Jamie Bates **72.60** 24 e TSF 91 Dartmouth Athletics Sackville13-Jun-04

Midget

John Campbell **51.71** 89 Independent Sudbury Aug 7, 04
 John Williams **53.33** 89 Independent Sudbury Aug 7, 04
 Roy Argand 400m **56.31** Independent Sackville June 4,2004
 Dean Tramble 400m **57.10** 14 89 Dartmouth Athletics Sackville13-Jun-04
 Jack MacGillivray 400m **58.95** 15 90 Dartmouth Athletics Sackville 13-Jun-04
 Roy Argand 400m **66.37** 8 Independent Sackville June 4,2004

Juvenile

Geoffrey Harris **49.67** 87 Tiger Track Club Sudbury Aug 7, 04
 Alex Reede **52.66** 88 CNLL Sackville 27-Jun-04
 Kyle Henshaw **53.38** 3 87 Athletics East Sackville June 4,2005
 Nick Edwards **54.85** Independent Sackville June 4,2004
 Paul McBean **55.04** 9 87 Athletics East Sackville 13-Jun-04
 Sebastien Flynn **55.67** 11 88 Dartmouth Athletics Sackville13-Jun-04
 Kyle Henshaw **55.5** 4 87 Athletics East Metfield 25-May-04
 Lee McCarron **55.79** 88 Antigonish Track Club St. John July 24, 04
 Robert Winslow **56.31** 12 88 Dartmouth Athletics Sackville13-Jun-04
 Craig Leger **57.97** 88 CNLL Sackville June 4, 2004
 Austin Zygmunt **59.95** 17 88 Dartmouth Athletics Sackville13-Jun-04
 James Ritchie **61.45** 22 87 Dartmouth Athletics Sackville13-Jun-04

Jr/Sr

Calum MacQuarrie **49.69** 1 Ceilidh Sackville June 4, 2004
 John Chase **50.40** 3 84 Athletics East Orlando FL 20-Mar-04
 Brian Carmen **51.1** 1 84 Wanderers Metfield 25-May-04
 Johnathan Vriend **51.80** 3 86 Independent Sackville June 4,2004
 Ben Clare **52.08** Wanderers Toronto Aug 7, 04
 Jake Gallagher **53.08** 4 86 Dartmouth Athletics Sackville13-Jun-04
 Issac Miller **53.28** 4 84 Athletics East Sackville 27-Jun-04
 Daniel Morash **53.33** Independent Sackville June 4,2004
 Gerard Bray **53.39** 9 86 Dartmouth Athletics Sackville June 4, 2004
 John Tramble **53.97** 6 85 Dartmouth Athletics Sackville 13-Jun-04
 Craig Slaunwhite **54.09** dec Chebucto Windsor 14-May-04
 Edward James **54.69** 8 68 AVRC Sackville 13-Jun-04

Ross Jacobs **55.04** 9 86 Dartmouth Athletics Sackville 13-Jun-04
 David Englehutt **56.95** 13 86 Dartmouth Athletics Sackville 13-Jun-04
 Evan Bezanson **60.07** 18 86 Dartmouth Athletics Sackville 13-Jun-04

800m

Bantam

Sarah Deveau 800m **2:45.56** 4 Chebucto Sackville 22-Jun-04
 Rebecca Haworth 800m **2:52.47** 12 Chebucto Sackville 13-Jun-04

Midget

Allison Letourneau 800m **2:17.01** 89 AVRC Sackville July 18, 04
 Rebecca Coady 800m **2:22.20** 2 89 Athletics East Sackville13-Jun-04
 Laura Englehutt 800m **2:26.10** 5 89 Dartmouth Athletics Sackville June 5, 2004
 Rebecca Coady 800m **2:27.34** 3 89 Athletics East Sackville22-Jun-04
 Taya McGillivray 800m **2:30.94** 2 89 AVRC Sackville June5, 2004
 Bree Bates 800m **2:39.18** 8 89 Dartmouth Athletics Sackville13-Jun-04
 Emi Leroux 800m **2:39.53** 10 Chebucto Sackville June 5,2004
 Katherine King 800m **2:39.83** 11 90 Dartmouth Athletics Sackville June 4, 2004
 Rebecca Haworth 800m **2:49.66** Chebucto Athletics Cleveland July 31, 04
 Nicole Henshaw 800m **3:04.95** 5 Athletics East Sackville22-Jun-04

Juv

Jenna Martin 800m **2:18.01** 1 88 Athletics East Sackville June 5, 2004
 Gina Stewart 800m **2:18.06** 87 Antigonish Sudbury Aug 8, 04
 Ali MacKay-Lyons 800m **2:24.05** 3 Independent Sackville June5,2004
 Stephanie Skoreyko 800m **2:24.15** 4 Independent SackvilleJune 5,2004
 Amber Corkum 800m **2:32.33** 7 87 Chebucto Sackville June5,2004
 Maria Konchalski 800m **2:37.13** 11 Antigonish Sackville June5,2004
 Brenna Walsh 800m **2:44.95** 9 Dartmouth Athletics Sackville13-Jun-04
 Lauren Clarke 800m **2:45.39** 10 87 Dartmouth Athletics Sackville13-Jun-04

Jr/Sr

Heather Hennigar 800m **2:06.27** Swift Victoria July 10, 04
 Leanna MacLean 800m **2:11:84** 1 82 Swift Sackville July 18, 04
 Shauna Marsh 800m **2:18.32** 86 Dartmouth Athletics Toronto Aug 8, 04
 Rosie Mullins 800m **2:21.88** 2 72 Swift Sackville 22-Jun-04
 Shauna Marsh 800m **2:23.26** 3 86 Dartmouth Athletics Sackville13-Jun-04

Bantam

Daniel Lewis **2:40.82** 1 e F 91 Chebucto Sackville 13-Jun-04

Midget

Dean Tramble 800m **2:05.32** 4 89 Dartmouth Athletics Sackville June 5,2004
 Adam Leroux 800m **2:05.74** Chebucto Sudbury Aug 8, 04
 Jack MacGillivray 800m **2:09.59** 1 Dartmouth Athletics Sackville June 4,2004

Juv

Sebastien Flynn 800m **2:00.22** 1 88 Dartmouth Athletics Sackville June 5, 2004
 Robert Winslow 800m **2:02.21** 2 88 Dartmouth Athletics Sackville June 5, 2004
 Brent Addison 800m **2:03.89** 87 Chebucto Athletics St. John July 24, 04

Paul McBean 800m **2:20.19** 5 87 Athletics East Sackville22-Jun-04
 Kyle Henshaw 800m **2:21.94** 6 87 Athletics East Sackville22-Jun-04

Jr/Sr

Steve Douglas 800m **1:55.55** Chebucto Montreal July 24, 04
 Eric Gillis 800m **1:55.71** Sr Speed River Hamilton July 20, 04
 John Tramble 800m **1:55.85** 85 Dartmouth Athletics St John July 24, 04
 Jeff Manly 800m **1:56.62** 83 Dartmouth Athletics Toronto Aug 8, 04
 Jake Gallagher 800m **1:56.64** 86 Dartmouth Athletics St. John July 24, 04
 Rich Lehman 800m **1:57.89** 85 Dartmouth Athletics Sackville July 18, 04
 John Corbit 800m **1:59.37** 3 Antigonish Sackville June 5,2004
 John Chase 800m **1:59.39** 2 84 Athletics East Orlando FL20-Mar-04
 Ross Jacobs 800m **1:59.52** 86 Dartmouth Athletics St. John July 24, 04
 Mihira Lakshman 800m **1:59.67** 79 Swift Sackville July 18, 04
 Nick McBride 800m **2:00.56** 82 Swift Sackville July 18, 04
 Gerard Bray 800m **2:01.30** 5 86 Dartmouth Athletics Sackville June 4, 2004
 Toby Hennigar 800m **2:03.21** 1 84 Swift Sackville 22-Jun-04
 Peter Beazley 800m **2:07.47** 2 Independent Sackville 22-Jun-04
 Blake Poirier 800m **2:07.19** 73 Wanderers Sackville July 18, 04
 Evan Bezanson 800m **2:12.81** 86 Dartmouth Athletics St John July 24, 04

1500m

Bantam

Taylor Regan **5:52.93** 13 91 Dartmouth Athletics Sackville27-Jun-04
 Sarah Deveau **5:54.46** 2 91 Chebucto Sackville 27-Jun-04

Midget

Allison Letourneau **4:40.60** 89 AVRC Toronto Aug 7, 04
 Rebecca Coady **4:48.05** 89 Athletics East Toronto Aug 7, 04
 Laura Englehutt **4:53.66** 89 Dartmouth Athletics Sackville July 18, 04
 Flynn Regan **5:21.46** 10 89 Dartmouth Athletics Sackville27-Jun-04
 Bree Bates **5:21.49** 11 89 Dartmouth Athletics Sackville27-Jun-04
 Katherine King **5:30.89** 6 90 Dartmouth Athletics SackvilleJune 4,2004
 Lindsay Hachey **5:41.06** 1 89 Sackville 27-Jun-04
 Emi Leroux **5:38.91** 10 Chebucto Sackville June 4,2004

Juv

Stephanie Skoreyko **4:42.73** Independent Sackville July 18, 04
 Gina Stewart **4:46.60** 87 Antigonish Sudbury Aug 7, 04
 Holly VanGestel **4:53.62** 2 Antigonish Sackville June 4,2004
 Ali MacKay-Lyons **5:00.06** 4 Independent Sackville June 4,2004
 Becky Reeves **5:11.84** 7 88 AVRC Sackville June 4,2004
 Dominique Roy **5:18.91** 9 88 Dartmouth Athletics Sackville 27-Jun-04
 Maria Konchalski **5:21.81** 9 Antigonish Sackville June 4,2004
 Brenna Walsh **5:37.98** Dartmouth Athletics St John July 24, 04
 Lauren Clarke **5:38.61** 87 Dartmouth Athletics St. John July 24, 04

Jr/Sr

Leanna MacLean **4:41.04** 1 82 Swift Sackville 13-Jun-04
 Erin MacLean **4:43.37** Independent Sackville July 18, 04
 Rosie Mullins **4:45.89** 2 72 Swift Sackville 27-Jun-04

Charmaine Lightfoot **4:51.57** 4 85 Wanderers Sackville 27-Jun-04
 Shauna Marsh **4:56.62** 3 86 Dartmouth Athletics Sackville June 4, 2004
 Donna Verge **5:07.64** 86 Chebucto Athletics Sackville July 18, 04
 Sarah Reddington **5:08.59** 8 74 Athletics East Sackville 27-Jun-04
 Donna Verge **5:08.86** 6 Chebucto Sackville June 4, 2004
 Mallory Ross **5:09.08** 7 Athletics East Sackville June 4, 2004

Ban

Jamie Bates **4:49.90** 4 91 Dartmouth Athletics Sackville June 4,2004
 Dustin Chambers **5:23.08** 3 93 Independent Sackville 27-Jun-04
 Gregory D'Eon **5:50.60** 4 94 Independent Sackville 27-Jun-04
 Colin Rogers **5:50.65** 5 92 Chebucto Sackville 27-Jun-04
 Cory McBean **5:55.44** 6 91 Independent Sackville 27-Jun-04

Midget

Jack MacGillvary 1500m **4:16.00** 90 Dartmouth Athletics Sudbury Aug 7, 04
 Dean Tramble 1500m **4:18.40** 90 Dartmouth Athletics Sudbury Aug 7, 04
 Adam Leroux 1500m **4:30.35** Chebucto St. John July 24, 04

Juv

Sebastien Flynn **4:05.98** 1 88 Dartmouth Athletics Sackville June 4, 2004
 Robert Winslow **4:08.70** 88 Dartmouth Athletics Sudbury Aug 7, 04
 James Ritchie **4:22.63** 10 87 Dartmouth Athletics Sackville 27-Jun-04
 Andrew Harris **4:26.64** 7 87 AVRC Sackville June 4, 2004
 Jordan MacDonald **4:26.98** 12 88 Dartmouth Athletics Sackville 27-Jun-04
 Austin Zygmunt **4:41.66** 16 88 Dartmouth Athletics Sackville 27-Jun-04
 Taylor Bryant **4:41.66** 17 88 Dartmouth Athletics Sackville 27-Jun-04

Jr/Sr

Eric Gillis **3:48.6h** Speed River Guelph July 15, 04
 Jake Gallagher **3:57.02** 86 Dartmouth Athletics Toronto Aug 7, 04
 Ross Jacobs **3:58.38** 86 Dartmouth Athletics Toronto Aug 7, 04
 Stephen Douglas **3:58.54** Chebucto Toronto Aug 7, 04
 Jeff Englehutt **3:59.0** 3 Dartmouth Athletics Boston 22-May-04
 Jamie Blanchard **4:01.89** 1 78 Wanderers Sackville 13-Jun-04
 Toby Hennigar **4:02.79** 2 84 Swift Sackville 13-Jun-04
 Nicholas McBride **4:08.06** 5 82 Swift Athletics Sackville27-Jun-04
 John Corbit **4:13.00** 4 Antigonish Sackville June 4,2004
 John Tramble **4:13.02** 6 85 Dartmouth Athletics Sackville 27-Jun-04
 David Englehutt **4:13.98** 7 86 Dartmouth Athletics Sackville 27-Jun-04
 Mihira Lakshman **4:15.06** 4 79 Swift Sackville 13-Jun-04
 Pete Quinn **4:25.62** 11 65 Independent Sackville 27-Jun-04
 John Chase **4:28.04** 5 84 Athletics East Sackville 13-Jun-04
 Blake Poirier **4:28.08** 13 73 Wanderers Sackville 27-Jun-04
 Craig Slaunwhite **5:05.27** dec Chebucto Windsor 14-May-04

Mile

Rebecca Coady **5:19.58** 1 e TSF f Mid Athletics East Orlando FL 20-Mar-04
 3000m

Midget

Laura Englehutt 3000m **10:37.00** 89 Dartmouth Athletics Sudbury Aug 8, 04
 Rebecca Coady 3000m **10:40.45** 89 Athletics East Sudbury Aug 8, 04
 Bree Bates 3000m **11:52.6** 9 89 Dartmouth Athletics Sackville June 5, 2004

Juv

Holly VanGestel 3000m **10:26.37** Antigonish Track Club St. John July 24, 04
 Stephanie Skoreyko 3000m **10:22.48** 1 Independent Sudbury Aug 8, 04
 Gina Stewart 3000m **10:51.42** 3 87 Antigonish Sackville June5,2004
 Ali MacKay-Lyons 3000m **10:58.16** 4 Independent Sackville June 5,2004
 Becky Reeves 3000m **11:01.33** 88 AVRC St. John July 24, 04

Jr

Donna Verge 3000m **10:45.75** 2 Chebucto Sackville June4,2004
 Mallory Ross 3000m **11:08.13** 6 Athletics East Sackville June 5,2004
 Shauna Marsh 3000m **11:21.16** 9 86 Dartmouth Athletics Sackville June 5,2004

Ban

Jamie Bates 3000m **9:30.98** 2 91 Dartmouth Athletics Sackville June 5,2004

Midget

Jack MacGillivray 3000m **9:16.12** 90 Dartmouth Athletics Sackville July 18, 04
 Dean Tramble 3000m **9:47.94** 89 Dartmouth Athletics St. John July 24, 04

Juv

Brent Addison 3000m **8:48.54** Chebucto Sackville July 18, 04
 Robert Winslow 3000m **8:49.46** 88 Dartmouth Athletics Sackville July 18, 04
 Sebastien Flynn 3000m **8:49.73** 88 Dartmouth Athletics Sackville July 18, 04
 James Ritchie 3000m **8:57.70** 3 87 Dartmouth Athletics Sackville 13-Jun-04
 Andrew Harris 3000m **9:17.25** 87 AVRC Sackville July 18, 04
 Austin Zygmunt 3000m **10:01.1** 14 88 Dartmouth Athletics Sackville 13-Jun-04

Jr/Sr

Jeff Gorman 3000m **8:35.50** Sr Independent Sackville July 18, 04
 Jake Gallagher 3000m **8:36.37** 86 Dartmouth Athletics Sackville July 18, 04
 John Tramble 3000m **8:41.92** 85 Dartmouth Athletics Sackville July 18, 04
 Curtis Archibald 3000m **8:44.08** Sr Independent Sackville July 18, 04
 Ross Jacobs 3000m **8:53.20** 2 86 Dartmouth Athletics Sackville 13-Jun-04
 John Corbit 3000m **8:56.40** 85 Independent Sackville July 18, 04
 David Englehutt 3000m **9:08.20** 5 86 Dartmouth Athletics Sackville 13-Jun-04
 Evan Bezanson 3000m **9:56.90** 12 86 Dartmouth Athletics Sackville13-Jun-04

2 Mile

Stephanie Skoreyko **11:08.55** 8 TSF f Juv IndependentHartford CT 8-May-04
 5000m

Juv

James Ritchie **15:28.16** 3 e F m Dartmouth AthleticsSackville June 5, 2004
 Andrew Harris **16:40.20** 6 e F m AVRC Sackville June 5, 2004

Jr/Sr

Eric Gillis **14:08.40** m Sr Speed River Victoria July 10, 04
 Jake Gallagher **15:14.51** Jr Dartmouth Athletics Toronto Aug 8, 04
 Ross Jacobs **15:35.41** Jr Dartmouth Athletics Toronto Aug 8, 04
 Stephen Douglas **16:06.60** 4 e F m Jr

80mH

Midget

Laura Maessen **14.21** 1 -2.3 89 Chebucto Sackville 27-Jun-04
 Katrina Morse **14.70** 2 -2.3 89 AVRC Sackville 27-Jun-04

Juv

Aly McPhee 80mH (33") **13.58** nwi 88 Chebucto Sackville June 4, 2004
 Emma McDaniel 80mH (33") **16.64** 13 nwi 87 ChebuctoSackville June 4, 2004

Jr

Ashley Wicks 80mH (33") **12.80** 1 e nwi F CNLL Sackville June 4, 2004

100mH

Juv

Aly McPhee **16.01** -0.1 88 Chebucto Sudbury Aug 8, 04
 Emma McDaniel **19.69** 2 -3.6 87 Chebucto Sackville 27-Jun-04

Juv/Jr

Chris Theriau 100mH(39") **14.79** -0.1 87 AVRC Sudbury Aug 7, 04
 Craig Leger 100mH(36") **15.26** 1 nwi 88 CNLL Sackville June 4, 2004
 Andy Gronvigh 100mH(39") **15.81** nwi Chebucto Sackville June 4, 2004
 Daniel Wheeler 100mH(39") **15.83** nwi Independent Sackville June 4, 2004

110mH

Juv/Sr

Chris Theriau **15.21** -4.2 87 AVRC St. John July 24, 04
 Craig Slaunwhite **16.10** dec 0.7 Chebucto Windsor 14-May-04
 Andy Gronvigh **16.91** 1 -1.6 86 Chebucto Sackville 27-Jun-04
 Craig Leger **17.67** 2 -3.4 88 CNLL Sackville 13-Jun-04

400mH

Juvenile

Jan Stirling **65.89** 87 Independent St John July 24, 04

Craig Leger **61.17** 1 88 CNLL Sackville 27-Jun-04
 Daniel Wheeler **64.24** 2 87 Independent Sackville 27-Jun-04

1500m Steeple

Rebecca Coady **5:23.65** 1 89 Athletics East Sackville 27-Jun-04
 Rosie Mullins **5:26.69** 2 72 Swift Sackville 27-Jun-04
 Becky Reeves **5:46.28** 3 88 AVRC Sackville 27-Jun-04

Brent Addison **4:28.42** 1 87 Chebucto Sackville 27-Jun-04
 Andrew Harris **4:39.50** 2 87 AVRC Sackville 27-Jun-04

2000m Steeple

Becky Reeves **7:52.02** 88 AVRC Sudbury Aug 7, 04

Brent Addison **6:11.24** 87 Chebucto Sudbury Aug 8, 04

Long Jump

Bantam

Murielle Landry Long Jump **4.09m** nwi F f Ban AVRC Sackville 13-Jun-04

Midget

Katrina Morse Long Jump **4.94m** nwi F f Mid AVRC Sudbury Aug 8, 04

Laura Maessen Long Jump **4.55m** nwi F f Mid Chebucto Sackville 27-Jun-04

Jaclyn Bunyan Long Jump **4.63m** NWI Mid Ceilidh St. John July 24, 24

Rebecca Bell Long Jump **4.03m** F f Mid Independent Sackville June 4, 2004

Bridget Campbell Long Jump **4.00m** nwi F f Mid Ceilidh Sackville June 4, 2004

Juv

Jenna Martin Long Jump **5.17m** nwi f Juv Athletics East Sudbury Aug 8, 04

Nicole Nixon Long Jump **5.05m** nwi F f Juv Independent Sudbury Aug 8, 04

Holly Hinton Long Jump **4.81m** nwi F f Juv CNLL Sackville 27-Jun-04

Allison Wood Long Jump **4.60m** nwi F f Juv Chebucto Sackville 27-Jun-04

Aly McPhee Long Jump **4.50m** nwi F f Juv Chebucto Sackville 27-Jun-04

Emma McDaniel Long Jump **4.32m** nwi F f Juv Chebucto Sackville 27-Jun-04

Amber Corkum Long Jump **4.23m** nwi F f Juv Chebucto Sackville 27-Jun-04

Jan Stirling Long Jump **4.17m** F f Juv Independent Sackville June 5, 2004

Amanda McNeil Long Jump **4.16m** F f Juv Independent Sackville June 5, 2004

Jr/Sr

Ashley Wicks Long Jump **5.05m** F f Jr CNLL Sackville June 5, 2004

Brenda MacEachern Long Jump **4.86m** nwi F f Jr Ceilidh Sackville 13-Jun-04

Sondra Borden Long Jump **4.83m** F f Jr CNLL Sackville June 5, 2004

Carly Bunyan Long Jump **4.40m** nwi Sr Ceilidh Sackville 13-Jun-04

Midget

Andrew Archibald Long Jump **5.81m** nwi Chebucto Cleveland July 31, 04

Mason Foote Long Jump **5.65m** nwi F m Mid AVRC Sackville 27-Jun-04

Brandon Rosenburg Long Jump **5.35m** nwi F m Mid CNLL Sackville 27-Jun-04

Jared Baird Long Jump **5.35m** nwi F m Mid CNLL Sackville 27-Jun-04

Juv

Nick Edwards Long Jump **5.60m** nwi F m Juv Independent Sackville 27-Jun-04

Daniel Wheeler Long Jump **5.15m** nwi F m Juv Independent Sackville 27-Jun-04

Jr/Sr

Michael Fraser Long Jump **7.00m** 0.0 Sr Chebucto Sackville July 18, 04

Craig Slaunwhite Long Jump **6.91m** 4.8 dec m Sr Chebucto Windsor 14-May-04

Peter Lord Long Jump **6.45m** nwi F m Mst Swift Sackville 27-Jun-04

Issac Miller Long Jump **6.39m** nwi F m Sr Athletics East Sackville 27-Jun-04

Paul Bunyan Long Jump **6.18m** nwi F m Sr Ceilidh Sackville 13-Jun-04

Dave Galloway Long Jump **6.16m** 0.0 F m Sr CNLL Sackville July 18, 04

Adam Wolkins Long Jump **6.04m** nwi F m Jr Independent Sackville 13-Jun-04

Andy Gronvigh Long Jump **5.37m** F m Jr Chebucto Sackville June 4,2004

Triple Jump

Bantam

Murielle Landry Triple Jump **8.94m** nwi F f Ban AVRC Sackville 13-Jun-04

Midget

Rebecca Bell Triple Jump **10.20m** F f Mid Independent Sackville June 4, 2004

Katrina Morse Triple Jump **10.11m** F f Mid AVRC Sackville June 4, 2004

Jaelyn Bunyan Triple Jump **10.02m** F f Mid Ceilidh Sackville June 4, 2004

Katrina Morse Triple Jump **9.70m** 89 AVRC St. John July 24, 05

Allison Wood Triple Jump **9.49m** NWI Mid Independent St. John July 24, 04

Bridget Campbell Triple Jump **9.07m** nwi F f Mid Ceilidh Sackville June 4,2004

Chelsea Hillier Triple Jump **8.80m** nwi F f Mid Independent Sackville 27-Jun-04

Juv

Nicole Nixon Triple Jump **10.87m** nwi F f Juv Independent Sackville June 4,2004

Anna Coutreau Triple Jump **10.45m** nwi F f Juv Independent Sackville June 4,2004

Holly Hinton Triple Jump **9.98m** nwi F f Juv CNLL Sackville27-Jun-04

Allison Wood Triple Jump **9.38m** nwi F f Juv Chebucto Sackville27-Jun-04

Jr/Sr

Ashley Wicks Triple Jump **11.28m** nwi f Jr CNLL Hartford CT 8-May-04

Carly Bunyan Triple Jump **10.46m** nwi F f Sr Ceilidh Sackville13-Jun-04

Ann Sinclair Triple Jump **10.19m** nwi F f Sr Independent Sackville 27-Jun-04

Brenda MacEachern Triple Jump **9.72m** 0.0 F f Jr Ceilidh Toronto Aug 8, 04

Midget

Jared Baird Triple Jump **12.05m** nwi F m Mid CNLL Sackville27-Jun-04

Brandon Rosenburg Triple Jump **11.34m** F m Mid CNLL Sackville June 4,2004

Connor Higgins Triple Jump **9.71m** nwi F m Mid CNLL Sackville 27-Jun-04

Juv

Chris Theriau Triple Jump **12.53m** +1.4 m Juv AVRC Sudbury Aug 8, 04

Kevin O'Neill Triple Jump **12.09m** nwi F m Juv Chebucto Sackville June 4,2004

Sr/Mst

Paul Bunyan Triple Jump **13.24m** nwi F m Sr Ceilidh Sackville13-Jun-04

Peter Lord Triple Jump **13.79m** 2.1 m Mst Swift Ottawa 19-Jun-04

Peter Lord Triple Jump **13.71m** 1.1 m Mst Swift Ottawa 19-Jun-04

*Peter's legal jump of 13.71m is a pending Canadian Masters record

High Jump

Bantam

Cassie Ehler High Jump **1.35m** F f Ban Ceilidh Sackville June 4,2004

Midget

Laura Maessen High Jump **1.65m** F f Mid Chebucto Sudbury Aug 7, 04

Jaelyn Bunyan High Jump **1.52m** F f Mid Ceilidh Sackville June 4,2004

Beidget Campbell High Jump **1.50m** F f Mid Ceilidh Sackville June 4,2004

Laura Maessen High Jump **1.50m** F f Mid Chebucto Sackville June 13, 2004
 Rebecca Bell High Jump **1.35m** F f Mid Independent Sackville June 4,2004

Juv

Aly McPhee High Jump **1.60m** F f Juv Chebucto Sackville June 4,2004
 Anna Coutreau High Jump **1.40m** F f Juv Independent Sackville June 13, 2004
 Amber Corkum High Jump **1.35m** F f Juv Chebucto Sackville June 27, 2004
 Emma McDaniel High Jump **1.35m** F f Juv Chebucto Sackville June 27, 2004

Jr/Sr

Jennifer Payne High Jump **1.66m** F f Sr Chebucto Sackville June 13, 2004
 Ashley Wicks High Jump **1.61m** F f Jr CNLL Sackville June4,2004
 Ann Sinclair High Jump **1.55m** F f Sr Independent Sackville June 27, 2004

Midget

Mason Foote High Jump **1.75m** F m Mid AVRC Sackville June 13, 2004
 Brandon Rosenburg High Jump **1.69m** F m Mid CNLL Sackville June 4,2004

Jr/Sr

AJ Grosse High Jump **2.05m** F m Sr Chebucto Sackville June 27, 2004
 Craig Slaunwhite High Jump **2.05m** F m Sr Chebucto Sackville June 27, 2004
 Andy Gronvigh High Jump **1.85m** F m Jr Chebucto Sackville June 27, 2004
 Adam Wolkins High Jump **1.75m** F m Jr Independent Sackville June 4,2004
 Jordan Sheriko High Jump **1.75m** F m Sr Independent Sackville June 13, 2004

Pole Vault

Bantam

Christine Manning Pole Vault **2.00m** F f Ban Valley Vaulters Sackville June 27, 2004
 Kaleigh Wolodka Pole Vault **2.00m** F f Ban Valley Vaulters Sackville June 27, 2004

Midget

Laura Maessen Pole Vault **2.50m** F f Mid Chebucto Sackville June 27, 2004
 Chelsea Hillier Pole Vault **2.00m** F f Mid Independent Sackville June 27, 2004

Juv

Emma McDaniel Pole Vault **2.60m** F f Juv Chebucto Sackville June 27, 2004
 Aly McPhee Pole Vault **2.50m** F f Juv Chebucto Sackville June 27, 2004
 Amber Corkum Pole Vault **2.25m** F f Juv Chebucto Sackville June 4,2004

Jr/SR

Jennifer Payne Pole Vault **3.20m** mix f Sr Chebucto Sackville June 13, 2004
 Ashley Wicks Pole Vault **2.40m** F f Jr CNLL Sackville June4,2004
 Jamie McDonald Pole Vault **2.00m** F f Jr Valley Vaulters Sackville June 27, 2004

Bantam

Paul Manning Pole Vault **2.00m** F m Ban Valley Vaulters Sackville June 27, 2004
 Ryan Carrie Pole Vault **2.00m** F m Ban Valley Vaulters Sackville June 27, 2004

Mid

Andrew Archibald Pole Vault **3.00m** F m Mid Chebucto Sackville June 4,2004
 Andrew Archibald Pole Vault **2.50m** Mix m Mid Chebucto Sackville 13-Jun-04

Juv

Chris Carrie Pole Vault **2.60m** F m Juv Valley Vaulters Sackville June 27, 2004
 Nick Edwards Pole Vault **2.40m** F m Juv Independent Sackville June 4, 2004
 Kieran Higgins Pole Vault **1.90m** F m Juv CNLL Sackville June 27, 2004

Jr/Sr

Craig Slaunwhite Pole Vault **4.38m** dec m Sr Chebucto Windsor May 14, 2004
 Andy Gronvigh Pole Vault **3.40m** F m Jr Chebucto Sackville June 4, 2004
 Tony Newcomb Pole Vault **3.25m** F m Sr Valley Vaulters Sackville June 27, 2004

Shot**Midget**

Jessica Bussey Shot Put (4kg) **8.08m** F f Mid Ceilidh Sackville June 4, 2004

Juv

Nicole Larade Shot Put (4kg) **10.37m** F f Juv Launchers Sackville June 4, 2004
 Jenny Fleet Shot Put (4kg) **9.89m** F f Juv CNLL Sudbury Aug 8, 04
 Holly Hinton Shot Put (4kg) **8.64m** F f Juv Launchers Sackville June 27, 2004
 Sara Laurie Shot Put (4kg) **7.56m** F f Juv Independent Sackville June 4, 2004

Midget

Jared Baird **14.35m** CNLL Sudbury Aug 7, 04

Jr/Sr

Andy Gronvigh Shot Put (12lb) **11.00m** F m Jr ChebuctoSackville June 27, 2004

Sr

Craig Slaunwhite Shot Put (16lb) **15.87m** F m Sr ChebuctoSackville June 27, 2004

Discus**Mid**

Jessica Bussey Discus (1kg) **24.00m** F f Mid CeilidhSackville June 4, 2004
 Taya MacGillivray (1kg) **21.60m** AVRC St. John July 24, 04

Juv

Nicole Larade Discus (1kg) **31.93m** Ff Juv Launchers Sudbury Aug 8, 04
 Sara Laurie Discus (1kg) **23.74** F F Juv Independent St. John July 24, 04
 Holly Hinton Discus (1.0kg) **17.62m** F f Juv CNLL Sackville June 27, 2004

Midget 1.0kg

Jared Baird Discus (1.5kg) **39.41m** Mid CNLL Sudbury Aug 8, 04
 Ian Armour Discus (1kg) **34.26m** F m Mid Independent Sackville June 4, 2004

Jr

Andy Gronvigh Discus (1.6kg) **37.76m** F m Jr ChebuctoSackville June 5, 2004
 Mike Bridges Discus (1.75kg) **37.56m** F m Jr CNLL Sackville June 27, 2004
 Michael Thurber Discus (1.6kg) **32.10m** F m Jr Independent Sackville June 5, 2004

Sr 2.0kg

Craig Slaunwhite Discus **41.74m** dec m Sr Chebucto Windsor14-May-04

Javelin**Midget**

Jessica Bussey Javelin (600g) **35.80** F f Mid Ceilidh Sudbury Aug 8, 04
 Laura Maessen Javelin (600g) **24.34m** Mix f Mid ChebuctoSackville June 13, 2004
 Sarah Naugler Javelin (600g) **19.15m** F f Mid CNLL Sackville June 27, 2004

Juvenile

Sara Laurie Javelin (600g) **36.60m** F f Juv Independent Sackville June 4, 2004
 Amber Corkum Javelin (600g) **20.08m** F f Juv Chebucto Sackville June 27, 2004
 Emma McDaniel Javelin (600g) **17.20m** Mix f Juv Chebucto Sackville June 13, 2004

Jr/Sr

Kelsey Best Javelin (600g) **36.06m** F f Jr Launchers Sackville June 5, 2004
 Katherine Markusson Javelin (600g) **34.39m** F f Sr Independent Sackville June 27, 2004

700g Midget

Jared Baird Javelin (700g) **60.70m** F m Mid CNLL Sudbury Aug 8, 04

700g Juvenile

Kevin O'Neill Javelin (700g) **35.51m** F m Juv Chebucto Sackville June 27, 2004

800g Jr/Sr

Adam Wolkins Javelin (800g) **62.24m** F m Jr CNLL Toronto Aug 8, 04
 Connor Shanks Javelin (800g) **59.88m** Independent Sackville July 18, 04
 Michael Thurber Javelin (800g) **53.34m** F m Jr Independent Sackville July 18, 04
 Craig Slaunwhite Javelin (800g) **53.30m** dec m Sr Chebucto Windsor May 14, 2004
 Mike Bridges Javelin (800g) **51.85m** F m Jr CNLL Sackville June 27, 2004
 Andy Gronvigh Javelin (800g) **38.90m** F m Jr Chebucto Sackville June 4, 2004

Hept.

Alicia Dobranowski Heptathlon **4140** f Sr Victoria July 10, 04

Decathlon

Craig Slaunwhite Decathlon **7102** m Sr Chebucto Windsor 14-May-04

Relay

4x400m **3:35.04** 9 e TSF m Sr Mixed Hartford CT 8-May-04 2

4x800m **9:25.14** 2 f Juv 3 Mixed Hartford CT 8-May-04 2