

Updated Oct. 29 2008							
Men							
100m							
First	Last	YOB	Club	100m	Wind	City	Date
Kyu-Won	Cho	91	CHE	10.76	1.1	Ottawa, ON	8/14/08
Michael	Bawol	86	Tigers	10.79	0.5	Halifax	7/11/2008
Mason	Foote	89	IND	11.02	0.4	Abbotsford, BC	7/25/2008
Jeremy	Koenig	79	IND	11.09	0.0	Lower Sackville	6/28/2008
Luke	Demetre	90	IND	11.33	NWI	Lower Sackville	6/6/2008
Cameron	Veinot	91	AE	11.44	0.5	Sherbrooke, QC	8/9/08
Andreas	Robinson	94	IND	11.52	NWI	Lower Sackville	6/6/08
Craig	Slaunwhite	81	CHE	11.53	NWI	Dom Rep.	6/1/2008
Andrew	Archibald	89	CHE	11.55	0.6	Lower Sackville	7/26/2008
Simon	Watts	90	CHE	11.58	NWI	Lower Sackville	6/6/08
Matthew	Bellefontaine	92	CHE	11.68	NWI	Lower Sackville	6/6/08
Thane	Jones	92	IND	11.64	0.5	Sherbrooke, QC	8/9/2008
Brett	Myketyn	91	CHE	11.72	NWI	Lower Sackville	6/6/2008
Kevin	O'Neill	87	CHE	12.0h	NWI	Lower Sackville	6/15/2008
Shawn	Wright	93	CNLL	12.09	0.0	Lower Sackville	6/28/2008
John	Williams	89	Tigers	12.10	-2.0	Lake Buena Vista, FL	3/8/2008
Bryson	Murphy	93	IND	12.12	NWI	Lower Sackville	6/6/2008
Liam	MacDonald	93	CHE	12.22	0.0	Lower Sackville	7/26/2008
Brent	Libby	92	IND	12.29	0.0	Lower Sackville	6/28/2008
Tristan	Jennings	93	CNLL	12.70	NWI	Lower Sackville	6/28/2008
Daniel	Yetman	92	CHE	12.75	0.0	Lower Sackville	7/26/2008
Chandler	Jennings	95	CNLL	13.31	NWI	Lower Sackville	6/28/2008
Greg	Hingley	93	TRTC	14.39	0.0	Lower Sackville	7/26/2008
Kevin	Stadnyk	95	CHE	14.67	0.7	Lower Sackville	7/26/2008
Peter	Millman	94	IND	15.08	NWI	Lower Sackville	6/28/2008
100m							
First	Last	YOB	Club	100m	Wind or NWI	City	Date
Jeremey	Koenig	79	IND	11.00	3.3	Halifax	5/6/08
200m							
First	Last	YOB	Club	200m	Wind	City	Date
Michael	Bawol	86	Tigers	22.14	1.1	Halifax	7/11/08
Kyu- Won	Cho	91	CHE	22.17	0.0	Sherbrooke, QC	8/9/08
Luke	Demetre	90	IND	22.51	NWI	Lower Sackville	6/7/08
Jermey	Koenig	79	IND	22.61	2.0	Windsor, ON	7/3/08
Mason	Foote	89	IND	22.58	1.1	Halifax	7/11/2008
Peter	Lawson	68	Tigers	23.04	0.7	Richmond, BC	6/15/08
Matthew	Bellefontaine	92	CHE	23.83	0.0	Sherbrooke, QC	8/9/2008
Thane	Jones	92	IND	23.74	0.0	Sherbrooke, QC	8/9/2008
Justin	Hirtle	90	IND	23.90	NWI	Lower Sackville	6/7/2008
Brett	Myketyn	91	CHE	24.39	NWI	Lower Sackville	6/7/08
Cameron	Veinot	91	AE	24.46	NWI	Lower Sackville	6/7/08
Andreas	Robinson	94	IND	25.12	NWI	Lower Sackville	6/7/08
Liam	MacDonald	93	IND	24.91	-0.2	Lower Sackville	7/26/08
Elijah	Bond	93	BLU	24.93	0.1	Lower Sackville	7/26/08
Shawn	Wright	93	CNLL	24.80	0.0	Sherbrooke, QC	8/9/08
Nathan	Musoke	92	CHE	25.8h	NWI	Lower Sackville	6/15/08

Bryson	Murphy	93	IND	26.63	NWI	Lower Sackville	6/7/08		
Matthew	Musoke	94	CHE	30.5h	NWI	Lower Sackville	6/15/08		
<b>200m</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>200m</b>	<b>Wind or NWI</b>	<b>City</b>	<b>Date</b>		
Peter	Lawson	68	Tigers	23.48	2.9	Halifax	5/8/08		
Simon	Watts	90	CHE	23.55	2.9	Halifax	5/8/08		
John	Williams	89	IND	23.77	2.9	Halifax	5/8/08		
Cameron	Veinot	91	AE	24.31	2.4	Lower Sackville	6/28/08		
Elijah	Bond	93	BLU	24.68	4.5	Lower Sackville	6/28/08		
Shawn	Wright	93	CNLL	24.74	4.5	Lower Sackville	6/28/08		
Andreas	Robinson	94	IND	24.89	4.5	Lower Sackville	6/28/08		
Nathan	Musoke	92	CHE	25.18	2.7	Lower Sackville	6/28/08		
Liam	MacDonald	93	CHE	25.47	4.5	Lower Sackville	6/28/08		
Tristan	Jennings	93	CNLL	25.64	4.5	Lower Sackville	6/28/08		
Chandler	Jennings	95	CNLL	27.65	4.5	Lower Sackville	6/28/08		
Matthew	Musoke	94	CHE	27.79	4.5	Lower Sackville	6/28/08		
<b>400m</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>400m</b>		<b>City</b>	<b>Date</b>		
John	Williams	89	IND	50.34		Clermont, FL	3/27/08		
Justin	Hirtle	90	IND	50.55		Lower Sackville	6/6/08		
Peter	Lawson	68	Tigers	51.24		Richmond, BC	6/15/2008		
Tristan	Patrick	90	IND	52.49		Lower Sackville	6/6/2008		
Cameron	MacLennan	92	BLU	52.41		Sherbrooke, QC	8/9/2008		
Craig	Slaunwhite	81	CHE	53.56		Dom Rep.	6/1/2008		
Jerme	Koenig	79	IND	54.3h		Halifax	5/22/2008		
Elijah	Bond	93	BLU	54.35		Lower Sackville	6/6/2008		
Andreas	Robinson	94	IND	56.06		Lower Sackville	6/6/2008		
Nick	McAdam	92	CHE	56.39		Lower Sackville	6/28/2008		
Thane	Jones	92	IND	57.17		Lower Sackville	6/6/2008		
Liam	MacDonald	93	IND	58.27		Lower Sackville	7/26/2008		
Daniel	Yetman	92	CHE	58.44		Lower Sackville	6/28/2008		
Tristan	Jennings	93	CNLL	59.35		Lower Sackville	6/28/2008		
Shawn	Wright	93	CNLL	60.61		Oromocto, NB	7/12/2008		
Chandler	Jennings	95	CNLL	64.11		Lower Sackville	6/28/2008		
Kevin	Stadnyk	95	CHE	70.40		Lower Sackville	7/26/2008		
<b>800m</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>800m</b>		<b>City</b>	<b>Date</b>		
Ueli	Albert	80	Tigers	1:48.46		Burnaby, BC	6/21/08		
Goeff	Harris	87	Tigers	1:48.81		Guadeloupe	5/1/08		
John	Corbit	85	Tigers	1:54.71		Richmond, BC	6/15/08		
Lee	McCarron	88	ANT	1:56.33		Ontario	6/22/08		
Adam	Leroux	90	DAR	1:56.42		Lower Sackville	6/7/08		
Justin	Hirtle	90	IND	1:58.30		Lower Sackville	6/7/08		
Mattias	Wolter	91	BLU	1:58.65		Lower Sackville	6/7/08		
Kyle	Tramble	90	DAR	1:59.92		Lower Sackville	6/7/08		
Luke	Enman	90	Tigers	2:01.1h		Lower Sackville	6/15/08		
Cameron	MacLennan	92	BLU	2:01.46		Halifax	7/11/08		
Tristan	Patrick	90	IND	2:03.56		Lower Sackville	6/7/08		
Toby	Hennigar	84	Tigers	2:05.6h		Lower Sackville	6/15/08		
Lucas	Corkum	91	YHZ	2:05.80		Halifax	7/11/08		

Brett	Mattinson	92	IND	2:06.10	Lower Sackville	6/7/08			
Pete	Quinn	65	IND	2:06.48	Ottawa, ON	6/18/08			
Daniel	Lewis	91	IND	2:06.94	Lower Sackville	7/26/08			
Joel	Bergman	91	YHZ	2:08.5h	Lower Sackville	6/15/08			
Nick	Wood	92	CNLL	2:09.61	Lower Sackville	7/26/2008			
Kyle	Mosher	90	WAN	2:09.99	Halifax	7/11/2008			
Mike	Tate	95	ANT	2:13.36	Lower Sackville	6/7/2008			
Gregory	D'Eon	94	DAR	2:22.20	Lower Sackville	6/28/2008			
Brad	Andrews	92	YHZ	2:23.57	Lower Sackville	6/28/2008			
Jason	D'Eon	96	DAR	2:49.69	Lower Sackville	6/28/2008			
<b>1500m</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>1500m</b>	<b>City</b>	<b>Date</b>			
Jake	Gallagher	86	DAR	3:46.84					
Lee	McCarron	88	ANT	3:51.94	Ontario	6/22/2008			
Ueli	Albert	80	Tigers	3:57.4	Halifax	5/22/2008			
Adam	Leroux	90	DAR	4:01.09	Lower Sackville	6/6/2008			
John	Corbit	85	Tigers	4:01.14	Burnaby, BC	6/21/2008			
Mattias	Wolter	91	BLU	4:02.46	Lower Sackville	6/6/2008			
Brent	Addison	87	YHZ	4:05.84	Lower Sackville	6/28/2008			
Luke	Enman	90	Tigers	4:08.17	Lower Sackville	6/6/2008			
Kyle	Tramble	90	DAR	4:09.43	Lower Sackville	6/6/2008			
Sebastien	Flynn	88	DAR	4:12.34	Lower Sackville	6/28/2008			
Pete	Quinn	65	IND	4:15.89	Ottawa, ON	7/9/08			
Joel	Bergman	91	YHZ	4:16.53	Lower Sackville	6/28/2008			
Tristan	Patrick	90	IND	4:18.97	Lower Sackville	6/6/2008			
Brett	Mattinson	92	IND	4:19.07	Lower Sackville	6/28/2008			
Nick	Wood	92	CNLL	4:22.44	Lower Sackville	6/6/2008			
Daniel	Lewis	91	IND	4:23.15	Lower Sackville	7/26/2008			
Bryden	Tate	93	ANT	4:23.55	Sherbrooke, QC	8/9/2008			
Cameron	MacLennan	92	BLU	4:28.98	Lower Sackville	6/6/2008			
Brett	Glover	91	IND	4:34.22	Lower Sackville	6/6/2008			
Oliver	Hatheway	90	BLU	4:35.20	Lower Sackville	6/6/2008			
Mike	Tate	95	ANT	4:35.36	Lower Sackville	6/6/2008			
Gregory	D'Eon	94	DAR	4:47.71	Lower Sackville	6/28/2008			
Craig	Slaunwhite	81	CHE	5:00.94	Windsor, ON	7/3/2008			
Derek	Campbell	93	YHZ	5:18.10	Lower Sackville	6/28/2008			
Ryan	Fuller	96	UNA	5:28.80	Lower Sackville	6/28/2008			
Jason	D'Eon	96	DAR	5:33.29	Lower Sackville	7/26/2008			
<b>Mile</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>Mile</b>	<b>City</b>	<b>Date</b>			
<b>2000mSc</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>2000m Sc</b>	<b>City</b>	<b>Date</b>			
Mattias	Wolter	91	BLU	6:00.35*	Lower Sackville	7/26/08			
<b>6:00.35*</b>	<b>NS Juvenile Record</b>								
<b>3000mSc</b>									
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>3000m Sc</b>	<b>City</b>	<b>Date</b>			
Mattias	Wolter	91	BLU	9:08.06*	London, ON	6/11/08			

<b>9:08.06* NS Juvenile and Junior Record</b>							
<b>3000m</b>							
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>3000m</b>	<b>City</b>	<b>Date</b>	
Sebastien	Flynn	88	DAR	8:32.25	Halifax	7/11/08	
Lee	McCarron	88	ANT	8:36.37	Halifax	7/11/08	
Pete	Quinn	65	IND	9:09.06	Ottawa, ON	7/16/08	
Chris	Algar	79	Tigers	9:13.67	Halifax	7/11/08	
Joel	Bergman	91	YHZ	9:17.05	Halifax	7/11/08	
Adam	Leroux	90	DAR	9:17.70	Lower Sackville	6/28/08	
Luke	Enman	90	Tigers	9:18.00	Lower Sackville	6/28/08	
Nick	Wood	92	CNLL	9:30.02	Lower Sackville	6/7/08	
Kyle	Tramble	90	DAR	9:44.20	Lower Sackville	6/28/08	
Mike	Tate	95	ANT	9:48.19	Lower Sackville	6/7/08	
Bryden	Tate	93	ANT	9:45.51	Sherbrooke, QC	8/9/08	
Brett	Glover	91	IND	10:02.09	Lower Sackville	6/7/08	
Gregory	D'Eon	94	DAR	10:31.81	Lower Sackville	7/26/08	
Derek	Campbell	93	YHZ	11:32.70	Lower Sackville	6/28/08	
Jason	D'Eon	96	DAR	12:05.98	Lower Sackville	7/26/08	
<b>5000m</b>							
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>5000m</b>	<b>City</b>	<b>Date</b>	
David	Englehutt		DAR	15:30.20	Lower Sackville	6/7/08	
Adam	Leroux	90	DAR	15:51.3	Lower Sackville	6/7/08	
Luke	Enman	90	Tigers	15:57.56	Lower Sackville	6/7/08	
Joel	Bergman	91	YHZ	16:17.15	Lower Sackville	6/7/08	
Oliver	Hatheway	90	BLU	17:12.11	Lower Sackville	6/7/08	
<b>10000m</b>							
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>10,000m</b>	<b>City</b>	<b>Date</b>	
<b>100mH</b>							
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>100mH</b>	<b>Wind</b>	<b>City</b>	<b>Date</b>
Vance	Hiscock	92	CHE	14.9	NWI	Lower Sackville	6/6/08
Matthew	Bellefontaine	92	CHE	15.0	NWI	Lower Sackville	6/6/08
Brandon	Rosenburg	90	CHE	15.1	NWI	Lower Sackville	6/6/08
Nick	Macadam	92	CHE	15.4	NWI	Lower Sackville	6/6/08
Cameron	MacLennan	92	BLU	15.7	NWI	Lower Sackville	6/6/08
Owen	Cameron	92	BLU	15.7	NWI	Lower Sackville	6/6/08
Nathan	Musoke	92	CHE	15.9	NWI	Lower Sackville	6/6/08
Matthew	Musoke	94	CHE	18.0	NWI	Lower Sackville	6/15/08
<b>110mH</b>							
<b>First</b>	<b>Last</b>	<b>YOB</b>	<b>Club</b>	<b>110mH</b>	<b>Wind</b>	<b>City</b>	<b>Date</b>
Chris	Theriau	87	AVRC	14.60	-0.7	Windsor, ON	7/11/08
Matthew	Bellefontaine	92	CHE	15.12	-0.8	Sherbrooke, QC	8/9/08
Craig	Slaunwhite	87	CHE	15.84	1.2	Windsor, ON	7/3/08
Vance	Hiscock	92	CHE	16.4	NWI	Lower Sackville	6/15/08
Nathan	Musoke	92	CHE	18.34	0.7	Lower Sackville	7/26/08
<b>110mH</b>							

First	Last	YOB	Club	110mH	Wind	City	Date		
Matthew	Bellefontaine	92	CHE	14.74	3.2	Sherbrooke, QC	8/9/08		
<b>300mH</b>									
First	Last	YOB	Club	300mH	Wind	City	Date		
<b>400mH</b>									
First	Last	YOB	Club	400 mH	Notes	City	Date		
Mattias	Wolter	91	BLU	57.10	33"	Sherbrooke, QC	8/9/08		
Luke	Demetre	90	IND	59.23		Lower Sackville	7/26/08		
Nick	MacAdam	92	CHE	60.77	33"	Sherbrooke, QC	8/9/08		
Brett	Myketyn	91	CHE	63.47	33"	Lower Sackville	6/28/08		
Vance	Hiscock	92	CHE	63.60	33"	Lower Sackville	6/28/08		
Nathan	Musoke	92	CHE	64.16	33"	Lower Sackville	7/26/08		
<b>HJ</b>									
First	Last	YOB	Club	HJ	City	Date			
Craig	Slaunwhite	81	CHE	2.09	Windsor, ON	7/3/08			
James	Gillis	92	CRTC	2.00	Sherbrooke, QC	8/9/08			
Simon	Watts	90	CHE	1.93	Lake Buena Vista, FL	3/22/08			
Brandon	Rosenburg	90	CHE	1.85	Lower Sackville	6/6/08			
Kyle	MacDonald	92	IND	1.78	Lower Sackville	6/6/08			
Devon	Martell	93	IND	1.75	Lower Sackville	7/26/08			
Connor	Maessen	92	CHE	1.65	Lower Sackville	6/6/08			
Nathan	Musoke	92	CHE	1.65	Lower Sackville	6/6/08			
Matthew	Musoke	94	CHE	1.40	Lower Sackville	6/15/08			
<b>LJ</b>									
First	Last	YOB	Club	LJ	Note/Wind	City	Date		
Craig	Slaunwhite	81	CHE	6.85	1.4	Windsor, ON	7/3/08		
Brandon	Rosenburg	90	CHE	6.73	NWI	Lower Sackville	6/6/08		
Kyu-Won	Cho	91	CHE	6.64	NWI	Lake Buena Vista, FL	3/8/2008		
Simon	Watts	90	CHE	6.53	2.4	Lower Sackville	6/28/08		
Brett	Myketyn	91	CHE	6.20	18-08.00 NWI	Lake Buena Vista, FL	3/22/2008		
Andrew	Archibald	89	CHE	6.16	NWI	Lower Sackville	7/26/2008		
Will	MacNeil	89	BLU	6.05	NWI	Lower Sackville	6/6/2008		
Nick	MacAdam	92	CHE	6.08	0.6	Sherbrooke, QC	8/9/2008		
Thane	Jones	92	IND	5.66	NWI	Lower Sackville	6/6/2008		
Daniel	Yetman	92	CHE	5.59	NWI	Lower Sackville	7/26/2008		
Bryson	Murphy	93	IND	5.53	0.9	Sherbrooke, QC	8/9/2008		
Kevin	O'Neill	87	CHE	5.36	NWI	Lower Sackville	6/15/2008		
Vance	Hiscock	92	CHE	5.32	NWI	Lake Buena Vista, FL	3/8/2008		
Shawn	Wright	93	CNLL	5.11	4.1	Lower Sackville	6/28/2008		
Nathan	Musoke	92	CHE	4.85	2.3	Lower Sackville	7/26/2008		
Mitchell	Yetman	94	CHE	4.65	-1.3	Lower Sackville	7/26/2008		
Matthew	Musoke	94	CHE	4.63	1.7	Lower Sackville	7/26/2008		
<b>TJ</b>									
First	Last	YOB	Club	TJ	Wind	City	Date		
Brandon	Rosenburg								