

Updated October 1, 2009

Please send errors or omissions to coach@athleticsnovascotia.ca

Women

100m

First	Last	YOB	Club	100m	Wind	City	Date
Adrienne	Power	81	Tigers	11.37	1.8	Oromocto	08/02/09
Jenna	Martin	88	AE	12.02	1.4	Dartmouth	07/11/09
Marissa	Walter	90	AE	12.35	-	Dartmouth	06/05/09
Nikkia	Jones	92	UNA	12.39	1.8	Sherbrooke	8/8/09
Kayla	Marcotte	89	WAN	12.56	1.4	Dartmouth	07/11/09
Cassandra	Collins	94	CHE	12.59	0.0	Charlottetown	7/17/09
Juliana	Blois	92	Tigers	12.66	-	Dartmouth	06/05/09
Shakara	Paris	93	TRTC	12.71	1.9	Charlottetown	7/17/09
Rachael	McIntosh	91	BLU	13.03	0.3	Dartmouth	07/04/09
Kaissa	Van Meekeren	94	UNA	13.16	-	Dartmouth	06/05/09
Rachel	Wright	94	CNLL	13.17	-	Dartmouth	06/05/09
Lauren	Sinclair	93	UNA	13.18	-	Dartmouth	06/05/09
Jennifer	Meech	94	CNLL	13.29	-1.9	Dartmouth	07/04/09
Juliana	Blois	92	Tigers	13.35	NWI	Lake Buena Vista, FL	03/14/09
Jillian	Nolan	94	CNLL	13.50	1.4	Dartmouth	07/12/09
Ellen	Parker	94	UNA	13.56	-1.8	Dartmouth	07/04/09
Jaimee	Mulrooney	96	BLU	13.83	-	Dartmouth	06/05/09
Jennifer	Pitman	91	Tigers	13.96	NWI	Buena Vista, FL	03/14/09
Kari	Beiswanger	94	CHE	14.02	1.5	Oromocto	08/02/09
Alexandra	Tanner	91	BLU	14.03	-	Dartmouth	06/05/09
Taylor	Roode	95	CHE	14.25	-	Dartmouth	06/05/09
Emma	Norman	94	UNA	14.46	0.3	Dartmouth	07/04/09
Jessi	Pothier	95	UNA	14.82	0.3	Dartmouth	07/04/09
Jo	Welch	56	UNA	16.69	0.3	Dartmouth	07/04/09

100m

First	Last	YOB	Club	100m	Wind	City	Date
Adrienne	Power	81	Tigers	11.40	4.7	Brussels, Belgium	18/07/09
Jenna	Martin	88	AE	12.38	-2.4	Halifax	07/01/09
Brittany	MacDonald	91	UNA	13.68	2.2	Oromocto	08/01/09

200m

First	Last	YOB	Club	200m	Wind	City	Date
Adrienne	Power	81	Tigers	23.16	0.4	Cuxhaven, GER	7/22/09
Jenna	Martin	88	AE	24.02	0.0	Charlottetown	8/27/09
Rachael	McIntosh	91	BLU	25.62	2.0	London, ON	06/14/09
Alicia	Dobranowski	84	Tigers	25.64	-1.1	Oromocto	08/02/09
Janice	Stirling	87	UNA	25.76	0.6	Oromocto	08/02/09
Emily	Phelan	93	CHE	25.89	0.9	Dartmouth	07/12/09
Marissa	Walter	90	AE	25.97	1.2	New Britain, CT	05/09/09
Juliana	Blois	92	Tigers	26.13		Dartmouth	06/06/09
Cassandra	Collins	94	CHE	26.21	0.9	Dartmouth	07/12/09
Kayla	Marcotte	89	WAN	26.33	-1.5	Halifax	07/01/09
Shakara	Paris	93	CNLL	26.42	-0.3	Oromocto	08/02/09
Rachel	Boyle	92	CHE	26.65		Dartmouth	06/06/09
Jennifer	Pitman	91	Tigers	26.85		Dartmouth	06/06/09

Jennifer	Meech	94	CNLL	26.89	0.9	Dartmouth	07/05/09
Nicole	Wadden	93	CHE	26.97	NWI	Lake Buena Vista,FL	03/21/09
Maia	Jorgensen	91	BA	27.08	1.9	Lake Buena Vista,FL	03/21/09
Eilish	Macquarrie	93	ANT	27.25	0.9	Dartmouth	07/05/09
Rachel	Wright	94	CNLL	27.46	1.9	Dartmouth	07/05/09
Lauren	Sinclair	93	UNA	27.79		Dartmouth	06/06/09
Aly	McPhee		CHE	27.95	0.9	Dartmouth	07/12/09
Rachel	Scott	91	UNA	28.08	0.9	Dartmouth	07/05/09
Monica	Mitchell	93	BLU	28.12	NWI	Lake Buena Vista,FL	03/14/09
Brittany	MacDonald	91	UNA	28.32		Dartmouth	06/06/09
Morgan	Priske	93	UNA	28.42	-0.5	New Britain, CT	05/09/09
Jillian	Nolan	94	CNLL	28.69	0.9	Dartmouth	07/05/09
Emma	Archibald	94	CHE	29.02	0.9	Dartmouth	07/05/09
Kristen	Gibson	94	CHE	29.05	1.3	Ottawa	05/16/09
Kaissa	Van Meekeren	94	UNA	29.37		Dartmouth	06/06/09
Taylor	Roode	95	CHE	29.63		Dartmouth	06/06/09
Reagan	Wynn	95	CHE	30.07	1.3	Dartmouth	06/14/09

200m

First	Last	YOB	Club	200m	Wind	City	Date
Adrienne	Power	81	Tigers	23.12	3.1	Donnas, Italy	12/07/2009
Rachael	McIntosh	91	BLU	25.20	3.6	Lake Buena Vista,FL	03/21/09
Marissa	Walter	90	AE	25.37	3.6	Lake Buena Vista,FL	03/21/09
Jennifer	Pitman	91	Tigers	26.19	3.6	Lake Buena Vista,FL	03/21/09
Maia	Jorgensen	91	BA	27.13	3.6	Lake Buena Vista,FL	03/21/09

400m

First	Last	YOB	Club	400m	City	Date	
Adrienne	Power	81	Tigers	52.83	Indianapolis,IN	6/20/09	
Jenna	Martin	88	AE	54.37	Dartmouth	07/11/2009	
Alicia	Dobranowski	84	Tigers	56.30	Halifax	7/01/09	
Janice	Stirling	87	UNA	57.16	Dartmouth	7/11/09	
Celia	Peters	87	Tigers	57.34	Dartmouth	7/11/09	
Rachael	McIntosh	91	BLU	57.62	Halifax	7/01/09	
Emily	Phelan	93	CHE	59.66	Kissimmee,FL	03/21/09	
Jennifer	Pitman	91	Tigers	59.76	Dartmouth	7/4/09	
Britany	MacArthur	92	AE	59.96	Sherbrooke	8/9/09	
Jennifer	Meech	94	UNA	60.34	Sherbrooke	8/9/09	
Morgan	Priske	93	UNA	60.70	Dartmouth	06/05/09	
Hilary	Rawding	93	YHZ	61.11	Dartmouth	06/05/09	
Eilish	Macquarrie	93	ANT	61.62	Dartmouth	7/4/09	
Hilary	Coady	91	AE	61.68	Dartmouth	06/05/09	
Maia	Jorgensen	91	BLU	62.11	Dartmouth	06/05/09	
Cassandre	Collins	94	CHE	62.78	Oromocto	08/02/09	
Kayla	Marcotte	89	WAN	63.14	Dartmouth	7/4/09	
Brett	McCavour	94	TRTC	63.46	Dartmouth	06/05/09	
Sarah	Deveau	91	CHE	63.72	Dartmouth	06/05/09	
Maria	Wolter	91	BLU	64.16	Dartmouth	06/05/09	
Brianna	Bethune	96	CHE	64.37	Dartmouth	05/06/09	
Rachel	Scott	91	UNA	65.48	Dartmouth	06/05/09	
Reagan	Wynn	95	CHE	65.58	Dartmouth	06/14/09	
Rebecca	Coady	89	AE	66.12	Dartmouth	7/4/09	

Emma	Archibald	94	CHE	66.16	Dartmouth	7/4/09	
Taylor	Roode	95	CHE	66.17	Dartmouth	7/4/09	
Rachel	Wright	94	CNLL	66.17	Dartmouth	06/05/09	
Neishel	Jones		UNA	66.81	Dartmouth	7/4/09	
Morgan	Sawler	95	BLU	67.37	Dartmouth	06/05/09	
Jillian	Nolan	94	CNLL	67.56	Oromocto	08/02/09	
Kennedy	MacLean	92	UNA	71.07	Dartmouth	7/4/09	

800m

First	Last	YOB	Club	800m	City	Date	
Leanna	MacLean	82	Tigers	2:04.23	Indianapolis,IN	06/13/09	
Celia	Peters	87	Tigers	2:06.10	Indianapolis,IN	06/13/09	
Dominique	Roy	88	YHZ	2:14.07	Montreal	7/25/09	
Rebecca	Coady	89	AE	2:14.35	Baton Rouge,LA	04/18/09	
Britany	MacArthur	92	AE	2:19.33	Oromocto	08/02/09	
Hilary	Rawding	93	YHZ	2:21.87	Dartmouth	06/14/09	
Rachael	McIntosh	91	BLU	2:22.40	Port of Spain	8/2/09	
Tristan	Langley	93	CNLL	2:22.82	Oromocto	08/02/09	
Sadie	Petrie	94	YHZ	2:22.87	Dartmouth	06/14/09	
Sarah	Currie	91	DAR	2:24.26	Dartmouth	7/4/09	
Maria	Wolter	91	BLU	2:26.13	Oromocto	08/02/09	
Taylor	Regan	91	DAR	2:26.20	Dartmouth	06/06/09	
Rebecca	Wolff	93	YHZ	2:26.62	Dartmouth	7/5/09	
Sarah	Lausch	94	YHZ	2:27.20	Dartmouth	7/5/09	
Sophia	Watts	94	YHZ	2:27.23	Dartmouth	06/14/09	
Erin	MacNeil	89	DA	2:27.29	Dartmouth	7/5/09	
Nicole	Wadden	93	CHE	2:28.30	Charlottetown	8/28/09	
Brett	McCavour	94	TRTC	2:30.75	Dartmouth	06/06/09	
Emily	Phelan	93	CHE	2:32.67	Ottawa	05/17/09	
Kristen	Gibson	94	CHE	2:33.12	Dartmouth	06/06/09	
Sarah	Thomas	92	UNA	2:33.27	Dartmouth	06/06/09	
Sarah	Ubbens	92	AE	2:35.40	Dartmouth	06/06/09	
Emily	Annand	94	CNLL	2:35.91	Dartmouth	06/06/09	
Katelynn	Carver	93	BLU	2:37.75	Dartmouth	06/06/09	
Sarah	Deveau	91	CHE	2:38.12	Kissimmee,FL	03/21/09	
Paige	Gallagher	92	DAR	2:38.32	Dartmouth	7/12/09	
Heidi	MacDonald	94	UNA	2:39.54	Dartmouth	7/5/09	
Kirsti	Mason	94	YHZ	2:39.54	Dartmouth	06/06/09	
Breanna	Haley	94	BLU	2:40.49	Dartmouth	06/06/09	
Kennedy	MacLean	92	UNA	2:42:59	Dartmouth	7/5/09	
Cassidy	Langley	95	CNLL	2:45.61	Dartmouth	06/06/09	
Brittany	Wadden	95	CHE	2:49.86	Dartmouth	7/5/09	
Brittany	MacDonald	91	UNA	2:55.92	Charlottetown	7/18/09	
Leah	Harris-Shanks	96	YHZ	3:08.78	Dartmouth	7/5/09	

1500m

First	Last	YOB	Club	1500m	City	Date	
Dominique	Roy	88	YHZ	4:35.03	Dartmouth	7/11/09	
Celia	Peters	87	Tigers	4:36.39	London, ON	06/09/09	
Gina	Stewart	87	ATC	4:37.15	Gold Coast, Aus	06/14/09	
Shauna	Marsh	86	DAR	4:38.54	Radford,VA	04/18/09	
Rebecca	Coady	89	AE	4:39.07	Baton Rouge,LA	04/18/09	

Sadie	Petrie	94	YHZ	4:45.49	Dartmouth	06/05/09	
Rebecca	Reeves	88	Tigers	4:46.25	Oromocto	6/26/09	
Shauna	Marsh	86	DAR	4:50.38	Greensboro, NC	05/29/09	
Hilary	Rawding	93	YHZ	4:50.45	Dartmouth	06/05/09	
Brenna	Walsh	87	DA	4:51:52	Amherst, MA	04/11/09	
Sarah	Currie	91	DAR	4:53.97	Dartmouth	06/06/09	
Rebecca	Wolff	93	YHZ	4:56.96	Dartmouth	7/4/09	
Sophia	Watts	94	YHZ	4:58.31	Dartmouth	06/05/09	
Tristan	Langley	93	CNLL	4:58.81	Dartmouth	06/14/09	
Erin	MacNeil	89	DA	4:59.70	Halifax	7/01/09	
Sara	Lausch	94	UNA	5:01.94	Dartmouth	06/05/09	
Emily	Clarke	91	DAR	5:04.35	Dartmouth	06/05/09	
Katelynn	Carver	93	BLU	5:10.69	Dartmouth	06/05/09	
Sarah	Thomas	92	UNA	5:13.61	Dartmouth	06/05/09	
Taylor	Reagan	91	DA	5:14.62	Halifax	7/01/09	
Helen	Himmelman	91	BLU	5:17.62	Dartmouth	06/05/09	
Cassidy	Langley	95	CNLL	5:18.73	Dartmouth	06/05/09	
Paige	Gallagher	92	DAR	5:19.81	Dartmouth	06/14/09	
Kirsti	Mason	95	YHZ	5:21.32	Dartmouth	06/05/09	
Breanna	Haley	94	BLU	5:23.35	Dartmouth	06/05/09	
Morgan	Sawler	95	BLU	5:23.79	Dartmouth	06/05/09	
Kelsey	Boudreau	92	CNLL	5:23.88	Dartmouth	7/4/09	
Hana	Marmura	97	ATC	5:31.24	Dartmouth	06/05/09	
Sarah	Deveau	91	CHE	5:35.75	Dartmouth	06/14/09	
Brittany	Wadden	95	CHE	5:48.19	Dartmouth	7/4/09	
Leah	Harris-Shanks	96	YHZ	6:14.48	Dartmouth	7/4/09	

Mile

First	Last	YOB	Club	Mile	City	Date	
Britany	MacArthur	92	AE	5:27.52	Lake Buena Vista,FL	03/21/09	
Hilary	Rawding	93	YHZ	5:27.53	Lake Buena Vista,FL	03/21/09	
Tristen	Langley	93	CNLL	5:28.46	Lake Buena Vista,FL	03/14/09	
Britanny	Wadden	95	CHE	6:32.94	Lake Buena Vista,FL	03/14/09	

3000m

First	Last	YOB	Club	3000m	City	Date	
Gina	Stewart	87	ATC	10:11.63	Gold Coast, Aus	06/26/09	
Sadie	Petrie	94	YHZ	10:20.17	Dartmouth	06/06/09	
Laura	Englehutt	89	DAR	10:33.07	Columbia, MO	04/11/09	
Sarah	Currie	91	DAR	10:44.59	Dartmouth	06/06/09	
Sophia	Watts	94	YHZ	10:48.69	Dartmouth	06/06/09	
Hilary	Rawding	93	AE	10:49.89	Dartmouth	06/06/09	
Sara	Lausch	94	UNA	10:50.02	Charlottetown	7/18/09	
Rebecca	Wolff	93	YHZ	10:56.11	Charlottetown	7/18/09	
Tristan	Langley	93	CNLL	10:57.55	Dartmouth	7/5/09	
Katelynn	Carver	93	BLU	11:14.21	Dartmouth	06/06/09	
Emily	Clarke	91	DAR	11:29.93	Dartmouth	06/06/09	
Sarah	Thomas	92	UNA	11:33.40	Dartmouth	06/06/09	
Cassidy	Langley	95	CNLL	11:34.75	Dartmouth	06/06/09	
Kirsti	Mason	95	YHZ	11:36.15	Dartmouth	06/06/09	
Kelsey	Boudreau	92	CNLL	11:40.83	Dartmouth	7/5/09	
Morgan	Sawler	95	BLU	11:45.51	Dartmouth	06/06/09	

Hana	Marmura	97	ATC	11:47.38	Dartmouth	06/06/09	
Paige	Gallagher	92	DAR	11:58.62	Dartmouth	7/5/09	
Helen	Himmelman	91	BLU	12:22.75	Dartmouth	06/06/09	
2000mSc							
First	Last	YOB	Club	2000Sc	City	Date	
Rebecca	Reeves	88	Tigers	7:07.0h	Dartmouth	8/14/09	
Rebecca	Reeves	88	Tigers	7:10.00	Dartmouth	7/4/09	
Rebecca	Coady	89	AE	7:10.89	Dartmouth	7/12/09	
Tristan	Langley	93	CNLL	7:28.74	Dartmouth	7/11/09	
Sarah	Deveau	91	CHE	8:16.50	Lake Buena Vista, FL	03/14/09	
3000mSc							
First	Last	YOB	Club	3000mSc	City	Date	
Rebecca	Coady	89	AE	10:49.85	Lafayette, LA	04/30/09	
5000m							
First	Last	YOB	Club	5000	City	Date	
Gina	Stewart	87	ATC	17:57.62	Dartmouth	7/10/09	
Shauna	Marsh	86	DAR	18:07.42	Radford,VA	04/18/09	
Brenna	Walsh	87	DA	18:10.48	Worcester,MA	04/18/09	
Laura	Englehutt	89	DAR	18:30.75	Fayetteville,AK	04/17/09	
Sarah	Currie	91	DAR	18:50.36	Dartmouth	7/10/09	
Erin	MacNeil	89	DA	19:10.26	Dartmouth	7/10/09	
Bree	Bates	89	89	19:56.80	Dartmouth	7/10/09	
80mH							
First	Last	YOB	Club	80mH	Wind	City	Date
Rachael	McIntosh	91	BLU	12.42	-	Dartmouth	06/05/09
Maia	Jorgensen	91	BLU	12.43	-	Dartmouth	06/05/09
Emily	Phelan	93	CHE	12.81	-	Dartmouth	06/05/09
Hilary	Coady	92	AE	12.89	-	Dartmouth	06/05/09
Kari	Beiswanger	94	CHE	12.90	-	Dartmouth	06/05/09
Jaimee	Mulrooney	96	BLU	13.04	-	Dartmouth	06/05/09
Emma	Lohnes	93	BLU	13.16	-	Dartmouth	06/05/09
Meagan	Eisenor	92	Tigers	13.22	-	Dartmouth	06/05/09
Nicole	Wadden	93	CHE	13.27	-	Dartmouth	06/05/09
Rachel	Scott	91	UNA	13.28	-	Dartmouth	06/05/09
Haley	Gates	94	BA	13.38	0.0	Dartmouth	07/04/09
Kristen	Gibson	94	CHE	13.73	-	Dartmouth	06/05/09
Reagan	Wynn	95	CHE	13.92	-	Dartmouth	06/05/09
Emma	Norman	94	BLU	14.56	-	Dartmouth	06/05/09
Alexandra	Tanner	91	BLU	15.77	-	Dartmouth	06/05/09
80mH							
First	Last	YOB	Club	80mH	Wind	City	Date
Haley	Gates	94	BA	12.93	2.2	Oromocto	08/01/09
100mH							
First	Last	YOB	Club	100mH	Wind	City	Date

Rachael	McIntosh	91	BLU	14.85	0.8	Charlottetown	8/27/09
Maia	Jorgensen	91	BLU	15.18	0.5	London,ON	05/14/09
Emily	Phelan	93	CHE	15.62	1.6	Charlottetown	8/25/09
Nicole	Wadden	93	CHE	15.67	NWI	Oromocto	08/01/09
Meagan	Eisenor	92	Tigers	16.07	2.0	Charlottetown	7/17/09
Kari	Beiswanger	94	CHE	16.37	1.7	Dartmouth	06/14/09
Jessica	Stickney	91	UNA	16.53	NWI	Oromocto	08/01/09
Hilary	Coady	92	AE	17.04	1.8	Lake Buena Vista, FL	03/21/09
Rebecca	Haworth	92	CHE	17.11	NWI	Oromocto	08/01/09
Kristen	Gibson	94	CHE	18.67	-0.8	Ottawa	05/16/09
Rachel	Scott	91	UNA	18.71	1.7	Dartmouth	06/14/09
Britany	MacDonald	91	UNA	19.12	1.6	Charlottetown	7/17/09
Rebecca	Haworth	92	CHE	20.07	NWI	Lake Buena Vista, FL	03/14/09
Abbie	Mitchell	95	CHE	21.59	NWI	Lake Buena Vista, FL	03/14/09

100mH

First	Last	YOB	Club	100mH	Wind	City	Date
Rachael	McIntosh	91	BLU	14.83	2.8	Charlottetown	7/17/09
Maia	Jorgensen	91	BLU	15.35	4.1	Lake Buena Vista, FL	03/21/09
Hilary	Coady	92	AE	16.62	4.1	Lake Buena Vista, FL	03/21/09

300mH

First	Last	YOB	Club	300mH	City	Date	Height
Hilary	Coady	92	AE	48.47	Lake Buena Vista, FL	03/14/09	
Kari	Beiswanger	94	CHE	49.14	Sherbooke	8/9/09	
Kristen	Gibson	94	CHE	49.52	Sherbooke	8/9/09	
Maria	Wolter	91	BLU	50.39	Dartmouth	7/5/09	
Morgan	Priske	93	UNA	53.24	Buena Vista,FL	03/14/09	

400mH

First	Last	YOB	Club	400mH	City	Date	
Alicia	Dobranowski	84	Tigers	60.17	Berne, SUI	7/18/09	
Janice	Stirling	87	UNA	62.0h	Dartmouth	8/14/09	
Janice	Stirling	87	UNA	62.83	Oromocto	08/01/09	
Morgan	Priske	93	UNA	69.05	Dartmouth	7/12/09	
Hilary	Coady	92	AE	70.47	Clermont,FL	03/17/09	

HJ

First	Last	YOB	Club	HJ	Note	City	Date
Rachael	McIntosh	91	BLU	1.73		Charlottetown	8/27/09
Laura	Maessen	89	CHE	1.71		Charlottetown	8/27/09
Jennifer	Pitman	91	Tigers	1.64		Dartmouth	07/11/09
Rebecca	Haworth	92	CHE	1.626	5-04.00	Lake Buena Vista, FL	03/14/09
Aly	McPhee	88	CHE	1.58		Dartmouth	07/11/09
Nicole	Wadden	93	CHE	1.56		Dartmouth	07/04/09
Brittany	MacDonald	91	UNA	1.55		Dartmouth	07/05/09
Maggie	MacEachern	91	CRTC	1.50		Dartmouth	06/06/09
Taylor	White	93	UNA	1.50		Dartmouth	07/04/09
Emily	Phelan	93	CHE	1.50		Oromocto	08/01/09
Kristen	Gibson	94	CHE	1.48		Oromocto	08/01/09
Sarah	Myers	94	UNA	1.45		Dartmouth	06/05/09
Cassie	Ehler	92	CRTC	1.45		Dartmouth	06/06/09

Meagan	Eisenor	92	Tigers	1.40		Dartmouth	06/06/09
Haley	Gates	94	BLU	1.35		Dartmouth	06/05/09
Abbie	Mitchell	95	CHE	1.35		Dartmouth	07/04/09
Jaimee	Mulrooney	96	BLU	1.35		Dartmouth	06/05/09
Emily	Holland	96	UNA	1.30		Dartmouth	07/04/09

LJ

First	Last	YOB	Club	LJ	Wind	City	Date
Juliana	Blois	92	Tigers	5.486	18-00.00	Lake Buena Vista, FL	03/21/09
Rachel	Boyle	92	CHE	5.41		Dartmouth	07/12/09
Nicole	Wadden	93	CHE	5.05	NWI	Lake Buena Vista, FL	03/21/09
Jennifer	Pitman	91	Tigers	5.00	-	Dartmouth	07/12/09
Brittany	MacDonald	91	UNA	4.85		Dartmouth	07/12/09
Hilary	Coady	92	AE	4.79	-	Dartmouth	06/06/09
Aly	McPhee		CHE	4.78		Dartmouth	07/11/09
Rachael	McIntosh	91	BLU	4.67	0.0	London, ON	06/14/09
Meagan	Eisenor	92	Tigers	4.55	-	Dartmouth	06/06/09
Olivia	Pitman	93	BLU	4.47	-	Dartmouth	06/06/09
Maggie	MacEachern	91	CRTC	4.40	-	Dartmouth	06/06/09
Jaime	Kelley	94	UNA	4.34	0.0	Dartmouth	07/05/09
Kari	Beiswanger	94	CHE	4.19	NWI	Lake Buena Vista, FL	03/14/09
Rebecca	Haworth	92	CHE	4.11	0.2	Dartmouth	06/14/09
Maria	Wolter	91	BLU	4.09	-	Dartmouth	06/06/09
Cassie	Ehler	92	CRTC	4.09	-	Dartmouth	06/06/09
Shelby	Currie	91	BLU	4.06	-	Dartmouth	06/06/09
Brianna	Bethune	96	CHE	4.02	0.1	Dartmouth	07/05/09
Kristen	Gibson	94	CHE	3.88	-	Dartmouth	06/06/09
Emily	Holland	96	UNA	3.86	0.0	Dartmouth	07/05/09
Jessi	Pothier	95	CHE	3.75	1.2	Dartmouth	07/05/09
Abbie	Mitchell	95	CHE	3.45	NWI	Lake Buena Vista, FL	03/14/09

LJ

First	Last	YOB	Club	LJ	Wind	City	Date
Jennifer	Pitman	91	Tigers	5.11	3.2, 16-09.25	Lake Buena Vista, FL	03/21/09
Emily	Phelan	93	CHE	4.54	6.0	Ottawa	05/17/09
Kristen	Gibson	94	CHE	4.45	2.2	Ottawa	05/17/09

TJ

First	Last	YOB	Club	TJ	Wind	City	Date
Rachel	Boyle	92	CHE	11.62	0.2	Sherbrooke, QC	08/09/09
Juliana	Blois	92	Tigers	11.25	-	Dartmouth	06/06/09
Kristen	Gibson	94	CHE	11.11	-1.9	Sherbrooke	08/09/09
Jennifer	Pitman	91	Tigers	11.03	1.2	Dartmouth	07/04/09
Maia	Jorgenson	91	BLU	10.77	-2.6, 35-04.00	Lake Buena Vista, FL	03/21/09
Haley	Gates	94	BLU	10.73	2.8	Dartmouth	07/04/09
Brittany	MacDonald	91	UNA	10.38		Dartmouth	06/14/09
Olivia	Pitman	93	BLU	9.98	-	Dartmouth	06/05/09
Katelynn	Carver	93	BLU	9.72	-	Dartmouth	06/05/09
Cassie	Ehler	92	CRTC	9.00	-	Dartmouth	06/06/09
Lauren	Sinclair	93	UNA	8.76	-	Dartmouth	06/05/09

NS Juvenile Record

TJ							
First	Last	YOB	Club	TJ	Wind	City	Date
Juliana	Blois	92	Tigers	11.72	4.0	Charlottetown	7/19/09
PV							
First	Last	YOB	Club	PV	City	Date	
Alyson	MacPhee	88	CHE	2.70	Dartmouth	7/12/09	
Maia	Jorgenson	91	UNA	2.70	Dartmouth	06/06/09	
Haley	Gates	94	BLU	2.40	Dartmouth	06/06/09	
Shot							
First	Last	YOB	Club	SP	Weight	City	Date
Chelsea	Whalen	92	LAU	13.71	4kg	Charlottetown	8/25/09
Kayla	Gallagher	94	TL	12.93	3kg	Port Williams	8/15/09
Nicole	Larade	88	LAU	12.00	4kg	Port Williams	8/15/09
Marielle	Guerrero	94	LAU	11.78	3kg	Sherbrooke	08/09/09
Kayla	Gallagher	94	TL	10.99	4kg	Dartmouth	06/06/09
Kayli	Gault	93	UNA	10.31	4kg	Port Williams	8/15/09
Katherine	Tobin	93	CA	9.81	4kg	Dartmouth	06/06/09
Rachael	McIntosh	91	BLU	9.73	4kg	Port of Spain	08/02/09
Mallory	Taylor	95	UNA	9.56	3kg	Dartmouth	06/05/09
Marielle	Guerrero	94	LAU	9.06	4kg	Dartmouth	06/06/09
Tasha	McKenzie	95	UNA	9.05	3kg	Dartmouth	07/05/09
Sara	Millman	96	TL	8.89	3kg	Port Williams	8/15/09
Nicole	Wadden	93	CHE	8.50	4kg	Dartmouth	07/05/09
Brittany	MacDonald	91	UNA	8.03	4kg	Dartmouth	07/05/09
Sara	Millman	96	TL	7.77	4kg	Dartmouth	07/12/09
Jenny	McNeil	92	UNA	7.76	4kg	Dartmouth	06/06/09
Erin	Pugsley	94	TL	7.26	3kg	Dartmouth	07/05/09
Kathleen	MacPherson	56	TL	7.03	4kg	Truro	7/29/09
Kristen	Gibson	94	CHE	6.85	4kg	Lake Buena Vista, FL	03/14/09
Emily	Phelan	93	CHE	6.64	4kg	Ottawa	05/16/09
13.71	NS Juvenile Record						
Discus							
First Name	Last Name	YOB	Club	Distance	Note	City	Date
Nicole	Larade	88	LAU	40.58	1kg	Oromocto	08/01/09
Chelsea	Whalen	92	LAU	36.69	1kg	Port Williams	06/13/09
Emma	Duinker	89	UNA	35.27	1kg	Port Williams	06/13/09
Alisha	Caldwell	91	LAU	33.91	1kg, 111-03	Clermont, FL	03/17/09
Kayla	Gallagher	94	CNLL	33.32	1kg	Port Williams	8/15/09
Kayli	Gault	93	UNA	32.25	1kg	Dartmouth	06/06/09
Katherine	Tobin	93	CA	28.80	1kg	Dartmouth	06/06/09
Sara	Millman	96	TL	26.39	750g	Oromocto	08/01/09
Marielle	Guerrero	94	LAU	25.09	1kg	Port Williams	05/16/09
Sara	Millman	96	TL	22.80	1kg	Dartmouth	06/06/09
Kathleen	MacPherson	56	TL	21.99	1kg	Dartmouth	07/04/09
Jenny	McNeil	92	UNA	20.92	1kg	Dartmouth	06/06/09
Alexandra	Tanner	91	BLU	20.14	1kg	Dartmouth	06/06/09
Erin	Pugsley	94	TL	19.70	1kg	Dartmouth	07/04/09

Jessica	Bartlett	95	TL	18.80	1kg	Truro	9/20/09
26.39	NS Bantam Record						

Javelin

First Name	Last Name	YOB	Club	Distance	Weight	City	Date
Chelsea	Whalen	92	LAU	43.08	600g	Lake Buena Vista, FL	03/21/09
Jessica	Bussey	89	CRTC	42.46	600g	Mobile,AL	04/11/09
Annalyse	Myers	92	UNA	35.49	600g	Dartmouth	06/14/09
Marielle	Guerrero	94	LAU	33.14	600g	Sherbrooke	08/09/09
Jessica	Bartlett	95	TL	33.09	600g	Sherbrooke	08/09/09
Rachael	McIntosh	91	BLU	37.82	600g	Charlottetown	8/28/09
Nicole	Wadden	93	CHE	30.49	600g	Dartmouth	07/04/09
Mallory	Taylor	95	UNA	28.98	600g	Dartmouth	06/06/09
Rachel	Boyle	92	CHE	26.92	600g	Dartmouth	06/06/09
Laura	Maessen	89	CHE	25.44	600g	Dartmouth	06/14/09
Brittany	MacDonald	91	UNA	25.27	600g	Dartmouth	07/04/09
Maggie	MacEachern	91	CRTC	24.06	600g	Dartmouth	06/06/09
Bridget	Deveau	96	CHE	23.65	600g	Dartmouth	06/06/09
Brittany	MacDonald	91	UNA	22.35	600g	Dartmouth	06/14/09
Kayli	Gault	93	UNA	22.30	600g	Truro	05/11/09
Emily	Phelan	93	CHE	21.24	600g	Ottawa	05/17/09
Taylor	Roode	95	CHE	21.08	600g	Dartmouth	07/04/09
Kirsti	Mason	95	YHZ	20.04	600g	Dartmouth	06/06/09
Kayli	Gault	93	TL	19.19	600g	Truro	9/20/09
Brianna	Bethune	96	CHE	19.17	600g	Dartmouth	07/04/09
Katherine	Tobin	93	CA	17.16	600g	Dartmouth	06/06/09
Sara	Millman	96	TL	15.44	400g	Truro	9/20/09
Kristen	Gibson	94	CHE	14.36	600g	Ottawa	05/17/09

Hammer

First Name	Last Name	YOB	Club	Throw	Weight	City	Date
Kayli	Gault	93	TL	35.36	4kg	Port Williams	8/15/09
Sara	Millman	96	TL	29.20	3kg	Truro	6/24/09
Kayla	Gallagher	94	CNLL	27.88	3kg	Port Williams	8/15/09
Kathleen	MacPherson	56	TL	19.09	4kg	Oromocto	08/01/09
Erin	Pugsley	94	TL	17.17	3kg	Oromocto	08/01/09
29.20	NS Bantam Record						

Heptathlon

First Name	Last Name	YOB	Club	Preformance	City	Date	
Rachael	McIntosh	91	BLU	4883	14.85 (0.8), 1.73, 9.41, 26.14 (0.3), 4.58 (0.8), 37.82, 2:23.26	Charlottetown	8/28/09
Nicole	Wadden	93	CHE	4115	15.96 (0.0), 1.56, 6.66, 27.93 (-0.8), 4.83 (NWI), 30.49, 2:30.19	Dartmouth	06/05/09
Emily	Phelan	93	CHE	3600	17.20 (-0.8), 1.49, 6.64, 27.21 (1.3), 4.54 (6.0), 21.24, 2:32.67	Ottawa	05/17/09

Brittany	MacDonald	91	UNA	3228		Dartmouth	07/12/09
Kristen	Gibson	94	CHE	3094	18.67(-0.8), 1.43, 6.85, 29.09 (1.3), 4.45 (2.2), 14.36, 2:33.43	Ottawa	05/17/09

4115 NS Juvenile Record