

Updated October 1, 2009

Please send errors or omissions to coach@athleticsnovascotia.ca

Men

100m

First	Last	YOB	Club	100m	Wind	City	Date
Kyu-Won	Cho	91	CHE	10.69	-	Dartmouth	6/6/09
Mason	Foote	89	UNA	10.80	1.3	Charlottetown	8/24/09
Michael	Bawol	86	Tigers	11.06	1.6	Indianapolis,IN	6/20/09
Luke	Demetre	90	Tigers	11.14	1.6	Dartmouth	7/11/09
Trent	Mills	92	UNA	11.26	1.9	Dartmouth	6/14/09
Randy	Henley	90	UNA	11.26	1.6	Dartmouth	7/11/09
Andrew	Archibald	89	CHE	11.35	1.6	Dartmouth	7/11/09
Nick	Moore	91	CHE	11.38	1.3	Charlottetown	7/17/09
Andreas	Robinson	94	CHE	11.54	1.9	Sherbrooke	8/9/09
Josh	Cormier	94	CHE	11.54	1.9	Sherbrooke	8/9/09
Scott	Duncan	91	UNA	11.57	-	Dartmouth	6/6/09
Danny	Williams	94	UNA	11.66	-	Dartmouth	6/6/09
Scott	Duncan	91	UNA	11.75	1.6	Dartmouth	7/11/09
Kevin	O'Neill	87	CHE	11.79	1.8		
Nathan	Musoke	92	CHE	11.81	1.6	Dartmouth	7/11/09
Logan	Lohnes	93	UNA	11.84	-	Dartmouth	6/6/09
Liam	MacDonald	93	CHE	11.95	-	Dartmouth	6/6/09
Shawn	Wright	93	CNLL	12.12	0.5	Dartmouth	7/4/09
Logan	Clark-Kenney	92	CHE	12.55	0.7	Dartmouth	7/4/09
Nick	Vanwychen	93	BLU	12.70	0.5	Dartmouth	7/4/09
Greg	Williams	95	CHE	12.91	-	Dartmouth	6/6/09
Luke	MacLean	94	CNLL	13.00	NWI	Dartmouth	6/14/09

100m

First	Last	YOB	Club	100m	Wind	City	Date
Michael	Bawol	86	Tigers	10.87	2.2	Dartmouth	7/10/09
Randy	Henley	90	UNA	11.17	2.2	Dartmouth	7/10/09
Nick	Moore	91	CHE	11.22	3.3	Charlottetown	7/17/09
Andrew	Archibald	89	CHE	11.24	3.2	Oromocto	08/02/09
Andreas	Robinson	94	CHE	11.51	2.2	Oromocto	08/02/09
Josh	Cormier	94	CHE	11.58	2.2	Oromocto	08/02/09
Nathan	Musoke	92	CHE	11.81	2.2	Dartmouth	7/10/09
Liam	MacDonald	93	CHE	11.81	2.8	Oromocto	08/02/09
Nick	MacAdam	92	CHE	11.85	3.3	Oromocto	08/02/09
Daniel	Yetman	92	CHE	12.47	3.3	Oromocto	08/02/09

200m

First	Last	YOB	Club	200m	Wind	City	Date
Mason	Foote	89	UNA	21.70	0.6	Charlottetown	8/27/09
Randy	Henley	90	UNA	22.35	1.9	Dartmouth	7/12/09
Luke	Demetre	90	Tigers	22.76	1.9	Dartmouth	7/12/09
Kyu-Won	Cho	91	CHE	22.89	0.1	Charlottetown	7/18/09
Michael	Bawol	86	Tigers	23.05	0.3	Toronto	28/6/09
Nick	Moore	91	CHE	23.10	1.6	Dartmouth	7/12/09
Trent	Mills	92	UNA	23.19	0.8	Dartmouth	7/5/09

Justin	Blades	91	UNA	23.36	1.6	Dartmouth	7/12/09
John	Williams	89	UNA	23.54	1.9	Dartmouth	7/12/09
Matthew	Bellefontaine	92	CHE	23.57	1.8	Dartmouth	7/5/09
Liam	MacDonald	93	UNA	23.65	0.8	Dartmouth	7/5/09
Andreas	Robinson	94	CHE	23.71	0.2	Oromocto	08/02/09
Logan	Lohnes	93	UNA	23.79	-	Dartmouth	6/6/09
Danny	Williams	94	UNA	23.92	1.2	Dartmouth	6/14/09
Chris	Theriau	87	UNA	23.99	1.6	Dartmouth	7/12/09
Josh	Cormier	94	CHE	24.04	NWI	Dartmouth	7/5/09
Jesse	Drennan	92	BLU	24.40	0.8	Dartmouth	7/5/09
Shawn	Wright	93	CNLL	24.63	0.8	Dartmouth	7/5/09
Elijah	Bond	93	BLU	25.24	0.3	London,ON	6/14/09
Coady	Carter	94	CHE	25.32	1.8	Dartmouth	7/5/09
Nick	Vanwychen	93	BLU	25.35	0.8	Dartmouth	7/5/09
Logan	Clark-Kenney	92	CHE	25.62	1.8	Dartmouth	7/5/09
Scott	Duncan	91	UNA	25.99	-	Dartmouth	6/6/09
Nick	Moore	89	CHE	26.00	-	Dartmouth	6/6/09
Luke	MacLean	94	CNLL	26.73	0.8	Dartmouth	7/5/09
Nate	Baker	94	BLU	28.32	0.8	Dartmouth	7/5/09
21.70	NS Senior Record						

200m

First	Last	YOB	Club	200m	Wind	City	Date
Mason	Foote	89	UNA	21.65	2.2	Charlottetown	8/27/09
Kyu- Won	Cho	91	CHE	22.49	4.8	Lake Buena Vista,FL	3/21/09
Trent	Mills	92	UNA	23.13	4.0	Dartmouth	7/5/09
Matthew	Bellefontaine	92	CHE	23.46	2.6	Lake Buena Vista,FL	3/21/09
John	Williams	89	UNA	23.50	4.4	Dartmouth	7/12/09
Scott	Duncan	91	UNA	23.80	4.4	Dartmouth	7/12/09
Josh	Cormier	94	CHE	23.89	2.8	Dartmouth	7/5/09
Andreas	Robinson	94	CHE	24.10	2.8	Dartmouth	7/5/09
Elijah	Bond	93	BLU	24.85	3.9	Lake Buena Vista,FL	3/21/09
Brandon	Fancy	92	BLU	25.69	3.9	Lake Buena Vista,FL	3/21/09
Luke	MacLean	94	CNLL	26.50	2.8	Dartmouth	7/5/09

400m

First	Last	YOB	Club	400m	City	Date	
Geoff	Harris	87	Tigers	49.2h	Halifax	5/28/09	
Justin	Blades	91	UNA	49.44	Charlottetown	8/25/09	
Randy	Henley	90	UNA	49.96	Dartmouth	7/11/09	
Luke	Demetre	90	Tigers	50.63	Dartmouth	7/11/09	
John	Williams	89	UNA	51.09	Dartmouth	6/14/09	
Cameron	MacLennan	92	BLU	51.79	London,ON	6/14/09	
Kyle	Tramble	90	DA	52.21	Dartmouth	7/11/09	
Mason	Foote	89	UNA	52.44	Dartmouth	7/11/09	
Matthew	Bellefontaine	92	CHE	52.99	Dartmouth	6/06/09	
Justin	Hirtle	90	UNA	53.14	Dartmouth	7/11/09	
Elijah	Bond	93	BLU	53.63	Dartmouth	7/04/09	
Jesse	Drennan	92	BLU	53.73	Dartmouth	4/07/09	
James	Ekins	89	BLU	54.39	Dartmouth	6/06/09	
Trent	Mills	92	UNA	54.49	Dartmouth	6/06/09	

Brad	Andrews	92	YHZ	55.02	Dartmouth	7/04/09	
Cameron	Jesso	93	UNA	55.43	Dartmouth	7/04/09	
Kevin	O'Neill	87	CHE	55.59	London, ON	6/13/09	
Nick	Moore	91	CHE	55.96	Dartmouth	6/06/09	
Mike	Tate	95	ANT	56.83	Dartmouth	6/05/09	
Mitchell	Richard	95	UNA	57.15	Dartmouth	6/06/09	
Coady	Carter	94	CHE	57.26	Dartmouth	7/04/09	
Nick	Wood	92	CNLL	57.95	Oromocto	08/02/09	
Mitchell	Richard	95	UNA	58.05	Dartmouth	7/04/09	
Lee	Bennett	94	CHE	60.18	Dartmouth	7/04/09	
Nate	Baker	94	BLU	65.78	Dartmouth	7/04/09	
Brad	Boone	96	UNA	65.85	Dartmouth	7/04/09	

800m

First	Last	YOB	Club	800m	City	Date	
Geoff	Harris	87	Tigers	1:47.99	Toronto	6/11/09	
Adam	Leroux	90	DAR	1:53.97	Atlanta,GA	5/16/09	
Matthew	Reddy	90	Tigers	1:57.19	Halifax	7/01/09	
Jake	Gallagher	86	DAR	1:58.12	Williamsburg,VA	4/03/09	
Cameron	MacLennan	92	BLU	1:58.53	Charlottetown	7/18/09	
Kyle	Tramble	90	DA	2:00.63	Dartmouth	7/12/09	
Jean-Paul	Martin	90	YHZ	2:01.24	Dartmouth	6/14/09	
Brad	Andrews	92	YHZ	2:05.20	Charlottetown	7/18/09	
Daniel	Lewis	91	UNA	2:05.75	Dartmouth	7/05/09	
Brett	Mattinson	92	UNA	2:06.22	Dartmouth	7/05/09	
Elijah	Bond	93	BLU	2:07.10	Oromocto	08/02/09	
Bryden	Tate	93	ANT	2:07.41	Lake Buena Vista, FL	3/21/09	
Mike	Tate	95	ANT	2:07.94	Dartmouth	6/14/09	
Jacob	Wing	93	YHZ	2:09.60	Dartmouth	6/06/09	
Nick	Wood	92	CNLL	2:12.01	Oromocto	08/02/09	
Jonah	Doucette	92	DAR	2:12.29	Dartmouth	6/06/09	
Gregory	D'Eon	94	DAR	2:12.91	Dartmouth	12/07/09	
Lee	Bennett	94	CHE	2:19.14	Dartmouth	7/05/09	
David	Burlock	93	DA	2:19.78	Dartmouth	7/12/09	
Mitchell	Richard	95	UNA	2:21.91	Dartmouth	6/06/09	
Brad	Boone	96	UNA	2:23.82	Dartmouth	7/05/09	
Jason	D'Eon	96	DA	2:24.27	Dartmouth	7/05/09	
Justin	Hirtle	90	UNA	2:09.9h	Halifax	5/28/09	

1500m

First	Last	YOB	Club	1500m	City	Date	
Jake	Gallagher	86	DAR	3:48.45	Princeton,NJ	5/17/09	
Mattias	Wolter	91	BLU	3:57.47	Halifax	1/07/09	
Adam	Leroux	90	DA	3:58.26	High Point, N.C	5/02/09	
Lee	McCarron	88	UNA	4:00.21	Charlottetown	8/25/09	
Brent	Addison	87	YHZ	4:03.30	Charlottetown	8/25/09	
Jacob	Wing	93	YHZ	4:12.03	Sherbrooke	8/09/09	
Daniel	Lewis	91	UNA	4:13.02	Halifax	7/01/09	
Joel	Bergman	91	YHZ	4:13.18	Dartmouth	6/06/09	
Mike	Tate	95	ANT	4:14.74	Sherbrooke	8/09/09	
Jonah	Doucette	92	DAR	4:16.47	Dartmouth	6/14/09	
Nick	Wood	92	CNLL	4:16.71	Dartmouth	6/14/09	

David	Englehutt	86	DA	4:16.83	Worcester,MA	4/18/09	
Jean-Paul	Martin	90	YHZ	4:19.27	Dartmouth	6/06/09	
Gregory	D'Eon	94	DA	4:28.24	Dartmouth	7/11/09	
Brett	Mattinson	92	UNA	4:28.83	Dartmouth	7/04/09	
Alex	Lingley	94	DA	4:34.74	Dartmouth	7/04/09	
David	Burlock	93	DA	4:48.32	Dartmouth	7/04/09	
Jason	D'Eon	96	DA	4:52.07	Dartmouth	7/11/09	
Brad	Boone	96	UNA	4:55.62	Dartmouth	7/04/09	
Kevin	O'Neill	87	CHE	5:25.71	London, ON	6/13/09	

Mile

First	Last	YOB	Club	Mile	City	Date	
Bryden	Tate	93	ANT	4:46.83	Lake Buena Vista,FL	3/14/09	

3000mSc

First	Last	YOB	Club	3000m Sc	City	Date	
Mattias	Wolter	91	BLU	9:07.58	London, ON	6/14/09	
9:07.58	NS Junior Record						

3000m

First	Last	YOB	Club	3000m	City	Date	
Mike	Tate	95	ANT	9:11.78	Sherbrooke, QC	8/09/09	
Jacob	Wing	93	YHZ	9:13.51	Sherbrooke, QC	8/09/09	
Nick	Wood	92	CNLL	9:20.88	Dartmouth	6/06/09	
Daniel	Lewis	91	UNA	9:25.21	Dartmouth	7/05/09	
Jonah	Doucette	92	DAR	9:26.60	Dartmouth	6/06/09	
Bryden	Tate	93	ANT	9:41.46	Dartmouth	6/06/09	
Alex	Lingley	94	DA	9:42.00	Dartmouth	7/05/09	
Gregory	D'Eon	94	DAR	9:43.63	Dartmouth	7/05/09	
David	Burlock	93	DA	10:22.62	Dartmouth	7/05/09	

5000m

First	Last	YOB	Club	5000m	City	Date	
Lee	McCarron	88	ANT	15:03.00	Charlottetown	8/24/09	
David	Englehutt	86	DAR	15:40.52	Amherst, MA	11/04/09	
Joel	Bergman	91	YHZ	15:53.20	Charlottetown	8/24/09	
Brent	Addison	87	YHZ	16:07.32	Dartmouth	7/10/09	
Jean-Paul	Martin	90	YHZ	16:15.58	Dartmouth	6/06/09	
Mike	Tate	95	ANT	16:29.35	Dartmouth	7/10/09	
Nick	Wood	92	CNLL	17:08.08	Dartmouth	7/10/09	
Robert	Lavers	88	UNA	17:10.85	Dartmouth	7/10/09	
Alex	Robar	94	BLU	19:30.57	Dartmouth	6/06/09	

10000m

First	Last	YOB	Club	10,000m	City	Date	

100mH

First	Last	YOB	Club	100mH	Wind	City	Date
Cameron	MacLennan	92	BLU	15.05	-	Dartmouth	6/6/09

Matthew	Musoke	94	CHE	16.71	-2.4	Dartmouth	7/4/09
Devon	Martell	93	UN	17.16	-	Dartmouth	6/6/09
110mH							
First	Last	YOB	Club	110mH	Wind	City	Date
Chris	Theriau	87	UNA	14.42	1.9	Charlottetown	8/25/09
Matthew	Bellefontaine	92	CHE	14.79	1.9	Sherbrooke, QC	9/8/09
Kevin	O'Neill	87	CHE	15.50	1.4	Charlottetown	8/25/09
Matthew	Bellefontaine	92	CHE	16.00	0.3	Dartmouth	6/14/09
Vance	Hiscock	92	CHE	16.16	0.3	Dartmouth	6/14/09
Cameron	Jesso	93	UNA	16.26	-1.4	Dartmouth	7/4/09
Nathan	Musoke	92	CHE	17.26	-1.4	Dartmouth	7/5/09
Matthew	Musoke	94	CHE	19.29	0.3	Dartmouth	6/14/09
14.42	NS Senior Record						
110mH							
First	Last	YOB	Club	110mH	Wind	City	Date
Chris	Theriau	87	UNA	14.43	4.4	Dartmouth	7/11/09
Matthew	Bellefontaine	92	CHE	14.84	3.4	Oromocto	08/01/09
Kevin	O'Neill	87	CHE	15.73	4.4	Dartmouth	7/11/09
Vance	Hiscock	92	CHE	16.91	4.4	Dartmouth	7/11/09
Nathan	Musoke	92	CHE	17.61	4.4	Dartmouth	7/11/09
300mH							
First	Last	YOB	Club	300mH	City	Date	
Matthew	Bellefontaine	92	CHE	42.83	Lake Buena Vista, FL	3/14/09	
Nick	MacAdam	92	CHE	43.19	Lake Buena Vista, FL	3/14/09	
Vance	Hiscock	92	CHE	44.5	Lake Buena Vista, FL	3/14/09	
Brett	Myketyyn	91	CHE	45.69	Lake Buena Vista, FL	3/14/09	
Luke	MacLean	94	CNLL	57.55	Oromocto	08/02/09	
400mH							
First	Last	YOB	Club	400 mH	City	Date	
Cameron	MacLennan	92	BLU	56.80	Sherbrooke	08/09/09	36"
Matthew	Bellefontaine	92	CHE	56.85	Sherbrooke	8/9/09	36"
Vance	Hiscock	92	CHE	59.67	Dartmouth	7/12/09	36"
Nick	MacAdam	92	CHE	60.21	Dartmouth	6/14/09	36"
Nathan	Musoke	92	CHE	63.25	Dartmouth	6/14/09	36"
HJ							
First	Last	YOB	Club	HJ	Note	City	Date
Simon	Watts	90	HAC	2.08		Charlottetown	7/18/09
James	Gillis	92	CRTC	1.95		Dartmouth	7/11/09
Devon	Martell	93	UNA	1.80		Charlottetown	7/18/09
Matthew	Statton	92	BLU	1.75		Dartmouth	6/6/9
Nathan	Musoke	92	CHE	1.75		Charlottetown	7/18/09
Tyler	Strang	93	BLU	1.65		Dartmouth	6/6/9
Kevin	O'Neill	87	CHE	1.54		London, On	6/13/09
Matthew	Musoke	94	CHE	1.50		Dartmouth	7/4/09
2.08	Ties NS Junior Record						

LJ							
First	Last	YOB	Club	LJ	Wind	City	Date
Simon	Watts	90	HAC	6.83	1.8	Dartmouth	8/14/09
Andrew	Archibald	89	CHE	6.68	0.5	Charlottetown	8/28/09
Kyu-Won	Cho	91	CHE	6.68	NWI, 21-11	Lake Buena Vista, FL	3/14/09
Nick	MacAdam	92	CHE	6.42	-0.2	Halifax	7/1/09
Brandon	Rosenburg	90	HAC	6.40	-1.7	Toronto	6/28/2009
Kevin	O'Neill	87	CHE	6.10	1.5	Lomdon, ON	6/13/09
Brett	Myketyn	91	CHE	6.04		Dartmouth	6/6/09
Daniel	Yetman	92	CHE	5.67		Dartmouth	7/5/09
Asthon	Slawter	93	UNA	5.42	1.3	Dartmouth	7/5/09
Nathan	Musoke	92	CHE	5.11	NWI, 16-9.25	Lake Buena Vista, FL	3/14/09
Matthew	Musoke	94	CHE	4.85	0.2	Dartmouth	6/14/09
Mitchell	Yetman	94	CHE	4.80	0.0	Dartmouth	7/5/09
LJ							
First	Last	YOB	Club	LJ	Wind	City	Date
Simon	Watts	90	CHE	6.69	2.6	Dartmouth	7/12/09
Andrew	Archibald	89	CHE	6.68	2.4	Charlottetown	8/27/09
Nick	MacAdam	92	CHE	6.43	2.4	Charlottetown	7/17/09
Daniel	Yetman	92	CHE	5.93	3.3	Dartmouth	7/12/09
Devon	Martell	93	UNA	5.56	2.8	Dartmouth	7/5/09
TJ							
First	Last	YOB	Club	TJ	Wind	City	Date
Brett	Myketyn	91	CHE	13.64	NWI	Oromocto	08/01/09
Brandon	Rosenburg	90	HAC	13.52	1.7	Dartmouth	7/11/09
Simon	Watts	90	CHE	13.43	1.2	Dartmouth	8/14/09
Peter	Lord	63	Tigers	13.15	NWI	Oromocto	08/01/09
Daniel	Yetman	92	CHE	12.87	NWI	Oromocto	8/1/09
Nick	MacAdam	92	CHE	12.64	1.2	Dartmouth	7/11/09
Devon	Martell	93	UNA	11.99	0.2	Dartmouth	6/14/09
Matthew	Musoke	94	CHE	10.28	1.2	Dartmouth	6/14/09
Mitchell	Yetman	94	CHE	10.22	-0.1	Dartmouth	7/4/09
Luke	MacLean	94	CNLL	9.56	0.0	Dartmouth	7/5/09
TJ							
First	Last	YOB	Club	TJ	Wind	City	Date
Brett	Myketyn	91	CHE	14.14	3.2	Charlottetown	7/19/09
Simon	Watts	90	CHE	13.51	2.7	Dartmouth	7/11/09
Nick	MacAdam	92	CHE	13.005	2.3, 42-08.00	Lake Buena Vista, FL	3/21/09
PV							
First	Last	YOB	Club	PV	City	Date	
Kevin	O'Neill	87	CHE	3.65	London, ON	6/13/09	
Brandon	Fancy	92	BLU	3.20	Dartmouth	6/06/09	
Mitchell	Macdonald	92	BLU	3.10	Dartmouth	6/06/09	
Gregor	Stabenow	94	BLU	2.8	Dartmouth	6/06/09	
Luke	Maclean	94	CNLL	1.90	Dartmouth	6/06/09	
Shot							
First	Last	YOB	Club	SP	Weight/ Note	City	Date

Andrew	MacDonald	92	LAU	16.06	5kg	Oromocto	08/01/09
Geoffrey	Myatt	91	CA	14.86	6kg	Oromocto	08/01/09
Garrett	Ramey	89	LAU	14.81	7.26kg	Charlottetown	8/28/09
Peter	Millman	93	TL	14.61	4kg	Sherbrooke, QC	8/9/09
Andrew	MacDonald	92	LAU	13.53	7.26kg	Charlottetown	8/28/09
Andrew	MacDonald	92	LAU	13.29	6kg	Charlottetown	7/19/09
Robert	Kennedy	93	TL	13.09	5kg	Port Williams	8/15/09
Geoffrey	Myatt	91	CA	12.71	7.26kg	Dartmouth	7/12/09
Chris	Sharpe	89	HAC	12.54	7.26kg	Dartmouth	7/12/09
Peter	Millman	93	TL	12.19	5kg	Truro	9/20/09
Nathan	Burris	93	TL	12.18	5kg	Truro	6/17/09
Edward	Wright	92	CNLL	11.17	6kg	Dartmouth	6/6/09
Drew	Erskine	97	TL	10.83	3kg	Truro	7/29/09
Seth	London	90	HAC	10.33	7.26kg	Truro	7/29/09
Cameron	McLennan	93	LAU	10.12	5kg	Port Williams	5/16/09
Kevin	O'Neill	87	CHE	9.88	7.26kg	Dartmouth	7/5/09
Peter	Millman	93	TL	9.69	7.26kg	Dartmouth	7/12/09
Nathan	Burris	93	TL	9.32	7.26kg	Dartmouth	7/12/09
Nick	Gault	96	TL	9.14	3kg	Oromocto	08/01/09
10.83	NS Bantam Record						

Discus

First Name	Last Name	YOB	Club	Discus	Weight	City	Date
Geoffrey	Myatt	91	CA	49.41	2kg	Charlottetown	8/27/09
Peter	Millman	93	TL	49.35	1kg	Truro	6/24/09
Geoffrey	Myatt	91	CA	48.42	1.75kg	Charlottetown	7/19/09
Seth	London	90	HAC	47.35	1.75kg	Charlottetown	7/19/09
Andrew	MacDonald	92	LAU	46.69	1.5kg	Sherbrooke, QC	08/09/09
Angelo	Suntres		HAC	42.73	2kg	Truro	6/24/09
Seth	London	90	HAC	42.67	2kg	Charlottetown	8/27/09
Andrew	MacDonald	92	LAU	39.86	1.75kg	Dartmouth	6/6/09
Nathan	Burris	93	TL	38.90	1.5kg	Truro	6/17/09
Cameron	McLennan	93	LAU	38.52	1.5kg	Dartmouth	7/4/09
Jared	Baird	89	UNA	37.55	2kg	Jacksonville, FL	3/7/09
Fletch	Selig	94	UNA	37.36	1kg	Port Williams	6/13/09
Peter	Millman	93	TL	37.04	1.5kg	Dartmouth	6/6/09
Andrew	MacDonald	92	LAU	36.34	2kg	Dartmouth	7/11/09
Drew	Erskine	97	TL	35.75	750g	Oromocto	08/01/09
Fletch	Selig	94	UNA	34.80	1kg	Dartmouth	7/4/09
Peter	Millman	93	TL	31.29	2kg	Dartmouth	7/12/09
Nathan	Burris	93	TL	30.28	2kg	Dartmouth	7/11/09
Kevin	O'Neill	87	CHE	29.26	2kg	London, ON	6/13/09
Nick	Gault	96	TL	28.54	750g	Port Williams	8/15/09
Robert	Kennedy	93	TL	27.91	1.5kg	Truro	9/20/09
Edward	Wright	92	CNLL	27.78	1.75kg	Dartmouth	6/6/09
Jake	Mosher	92	BLU	25.88	1.75kg	Dartmouth	6/6/09
Robert	Kennedy	93	TL	23.62	2kg	Dartmouth	7/11/09
32.74	NS Bantam Record						
49.35	NS Midget Record						
48.42	NS Junior Record						
49.41	NS Junior Record Senior Implements						

Javelin							
First Name	Last Name	YOB	Club	Javelin	Weight	City	Date
Adam	Wolkins	86	UNA	67.67	800g	Lincoln, NE	4/11/09
Jared	Baird	89	UNA	65.05	800g	Charlottetown	8/28/09
Jesse	Cox	92	TL	46.82	700g	Port Williams	5/16/09
Ryley	LeBlanc	94	UNA	46.33	600g	Sherbrooke	8/9/09
Bryce	Wotton	93	UNA	45.88	700g	Dartmouth	6/5/09
Jesse	Cox	92	TL	44.43	800g	Dartmouth	6/6/9
Michael	Buckland-Nicks	91	ANT	38.47	800g	Dartmouth	6/14/09
Chris	Sharpe	89	HAC	38.12	800g	Dartmouth	7/11/09
Seth	London	90	HAC	37.58	800g	Truro	9/20/09
Geoffrey	Myatt	91	CA	37.27	800g	Truro	9/20/09
Peter	Millman	93	TL	35.19	600g	Truro	9/20/09
Kevin	O'Neill	87	CHE	31.81	800g	London, ON	6/13/09
Nathan	Burris	93	TL	30.39	700g	Truro	9/20/09
Robert	Kennedy	93	TL	22.00	700g	Truro	9/20/09
Nick	Gault	96	TL	14.40	400g	Truro	9/20/09
Hammer							
First Name	Last Name	YOB	Club	Hammer	Weight	City	Date
Nathan	Burris	93	TL	44.26	5kg	Truro	7/29/09
Peter	Millman	93	TL	43.67	4kg	Dartmouth	7/4/09
Andrew	MacDonald	92	LAU	38.72	5kg	Oromocto	08/01/09
Drew	Erskine	97	TL	29.46	3kg	Truro	6/17/09
Robert	Kennedy	93	TL	27.56	5kg	Port Williams	6/20/09
Nick	Gault	96	TL	30.24	3kg	Truro	9/20/09
43.67	NS Midget Record						
30.24	NS Bantam Record						
Decathlon							
First Name	Last Name	YOB	Club	Performance		City	Date
Kevin	O'Neill	87	CHE	5238	11.79 (1.8), 6.10m (1.5), 9.81m, 1.54m, 55.59, 15.84 (-0.6), 29.26m, 3.65m, 31.81m, 5:25.71	London, ON	6/13/09